



महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरीरोड, म्हसळ, नाशिक- ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel:(0253) 2539288/6659288/303 Student Helpline:0253-2539111/6659111/100

Website: www.muhs.ac.in, E-mail: urd@muhs.ac.in



डॉ.राजेंद्र शिवाजी बंगाळ

एम.बी.बी.एस,एम.डी.(न्यायवैद्यकशास्त्र),डी.एन.बी, एल.एल.बी.

कुलसचिव

Dr.Rajendra Shivaji Bangal

M.B.B.S, M.D. (Forensic Medicine), D.N.B, L.L.B.

Registrar

MUHS/URD/303/2023

Date 28/06/2023

To,

The Dean/ Principal,

Anantrao Kanase Homoeopathic

Medical College & Hospital,

At. Post. Alephata,

(Pune-Nashik Highway) Tal. Junnar,

Dist. Pune - 412 411.

Sub: Approval of Research Grant (LTRG) for the academic year 2022-23.

Ref: Application of Khupte Vibhavari Siddharth, dt.14/11/2019 for LTRG

Dear Sir/Madam,

With reference to above cited subject and reference, this is to inform you that the proposal for Research Grant scheme for the academic year 2022-23 has been sanctioned by the University as mentioned below:

Sr. No.	Name of the Researcher	Title of the Research Project	Type of Grant	Grant Amount Sanctioned
1	Khupte Vibhavari Siddharth	Effectiveness of Homoeopathic Treatment In Patients Presenting With Hyperuricemia With One Sided Diseases: Single Blind, Clinical Trial.	LTRG	Rs. 33,000/- (Rs. thirty three thousand only)

You may initiate your research work and send the project completion report within stipulated time as mentioned in your proposal. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review Journal. The responsibilities of the researcher and your institute, kindly refer the University Research Department Notification no. 44/2019 (Amended 2022) (Rules and Regulations Regarding Research Grant for Students, Teachers and Employees of the Maharashtra University of Health Sciences)

Herewith, you are informed that the University has approved 50% of amount of research grant and it will be released to the bank account of your institute, whereas remaining amount will be released after acceptance of the Final Project Report of completed research, and its approval by the University Scrutiny Committee.

Kindly submit the acceptance letter in prescribed format. This is for your information and necessary action.



Registrar

Copy for necessary action:

1. Khupte Vibhavari Siddharth (AK HMC, Pune)

Copy for information:

1. Hon. Vice Chancellor, MUHS, Nashik
2. Hon. Registrar, MUHS, Nashik
3. Hon. Finance and Accounts Officer

S.NO	STSH ID	STUDENTS NAME	TITLE	COLLEGE
19	STSH 220093	NAISARGEE ARDESHANA	AN EXPERIMENTAL STUDY TO ASCERTAIN THE EFFECTIVENESS OF HOMOEOPATHIC MEDICINE PILOCARPINUM IN CASES OF PREMATURE GREYING OF HAIR.	RAJKOT HOMEOPATHIC MEDICAL COLLEGE, GUJRAT
20	STSH 220096	SUBRAMANYAM DEEPAK BELLI	THE STUDY OF EFFECTIVENESS OF BARYTA GROUP IN THE TREATMENT OF CHRONIC TONSILLITIS	GOVERNMENT HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL BANGLORE, KARNATAKA
21	STSH 220101	LOKHANDE NUZHAT A.R.	A HOLISTIC APPROACH TOWARDS COPING STRATEGIES OF HOMOEOPATHIC UNDERGRADUATE STUDENTS BY ENHANCEMENT USING MULTIPLE MINI INTERVIEWS	ANANT RAO KANASE HOMOEOPATHIC MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTER, MAHRASHTRA
22	STSH 220103	AAISHA TABASSUM SYED AASHIQUE ALI	IMPACT OF WEIGHT STIGMA ON MENTAL HEALTH OF MEDICAL STUDENTS WITH THE USE OF BSQ AND MANAGING IT WITH INDIVIDUALIZED HOMOEOPATHIC MEDICINE	ANANT RAO KANASE HOMOEOPATHIC MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTER, MAHRASHTRA
23	STSH 220104	SHAIKH TUBA SHAFIQUE	UNDERSTANDING DIFFERENT ASPECTS OF MENTAL REPRESENTATION IN PATIENTS WITH SKIN DISORDER LIKE ACNE VULGARIS, SUPERFICIAL DERMATOPHYTOSIS AND ECZEMA USING MSQ AND MANAGING WITH IHM	ANANT RAO KANASE HOMOEOPATHIC MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTER, MAHRASHTRA
24	STSH 220106	ALWIN CRASTA	A COMPARITIVE STUDY TO ASSESS THE EFFECTIVENESS OF CARBO VEGITALIS 30 & TRINITROTOLUENUM 30 IN. INCREASING THE DISSOLVED OXYGEN LEVEL IN WATER CONTAINING ALGAE AND PHYTOPLANKTONS.	ALVA'S HOMOEOPATHIC MEDICAL COLLEGE SHOBHAVANA, KARNATAKA
25	STSH 220117	MS. NETRA F BALIKAI	AN OBSERVATIONAL STUDY ON THE EFFECTIVENESS OF HOMOEOPATHIC MEDICINES IN THE TREATMENT OF PITYRIASIS VERSICOLOR	DR B D JATTI HOMOEOPATHIC MEDICAL COLLEGE, HOSPITAL & PG RESEARCH CENTRE, KARNATAKA
26	STSH 220118	SANYA ROUSHAN	TO ASSESS THE USEFULNESS OF HOMOEOPATHIC MEDICINE FERRUM METALLICUM 3X IN THE MANAGEMENT OF ANEMIA IN WOMEN OF REPRODUCTIVE AGE GROUP: A PRE-POST INTERVENTIONAL STUDY	GOVERNMENT HOMEOPATHIC MEDICAL COLLEGE AND HOSPITAL, KARNATAKA
27	STSH 220128	SHAIKH SHAFIN MOHAMMED AIYUB	A PROSPECTIVE INTERVENTIONAL CLINICAL STUDY TO ASSESS THE EFFECTIVENESS OF ARECA CATECHU MOTHER TINCTURE (Q) IN MAJOR DEPRESSIVE DISORDER BY HAMILTON DEPRESSION RATING SCALE (HDRS)	AHMEDABAD HOMOEOPATHIC MEDICAL COLLEGE, GUJARAT



केंद्रीय होम्योपैथिक अनुसन्धान परिषद्
(स्वायत्त निकाय आयुषमंत्रालय, भारत सरकार)
CENTRAL COUNCIL FOR RESEARCH IN HOMOEOPATHY
(An Autonomous Body of Ministry of AYUSH, Govt. of India)

जवाहरलालनेहरुभारतीयचिकित्साएवंहोमियोपैथीअनुसन्धानभवन
Jawahar Lal Nehru Bhartiya Chikitsa Avum Homoeopathy Anusandhan Bhawan
61-65 संस्थागत क्षेत्र, डी-ब्लॉक के सामने, जनकपुरी, नई दिल्ली - 110058
61-65, Institutional Area, Opp. D-Block, Janakpuri, New Delhi - 110058



F. No. 36-1/CCRH/ 2022-23/Tech/STSH 4213

Date 2/8/22

To
The Principal
(As per the list attached)

Dear Sir/ Madam

For the purpose of promoting interest and aptitude for research among homoeopathic undergraduates, the Council provides financial support through **Short Term Studentship in Homoeopathy**. The main objective of this program is to provide an opportunity to undergraduate homoeopathic students to familiarize themselves with research methodology and techniques by being associated for a short duration with their seniors on ongoing research programs or by undertaking independent projects.

To keep up the momentum and encourage students to continue to take up research projects this year as well, the Council shall be processing the **STSH 2022** scholarship now. STSH 2022 shall run in offline mode through email communications from the dedicated email id (stscrrh@gmail.com). The Council hereby announces STSH 2022 and calls for undergraduate students to register and submit their research proposals. Each student may register by filling the Google form (link provided below)

LINK:

https://docs.google.com/forms/d/1cC8ddBrlQVLGYth_o5t8idjYW2DPfBLLe5SZXgd49vmY/e/dit

Scanned copy of the Application Attestation Form is enclosed, which needs to be uploaded during the registration process.

The same link can be used by all the students to register and submit their information. Details of application procedure and the STSH 2022 offline process are enclosed “**Details of the STSH 2022 Programme**” and “**Guide for students**”. The timeline of STSH 2022 is given below:

P.T.O.


S.No	STSH Cycle	Timeline
1.	Registration and submission of concept proposal	August 2022
2.	Review of applications and concept proposals	September 2022- October 2022
3.	Announcement of shortlisted candidates	November 2022
4.	Research and report preparation	December 2022- June 2023
5.	Submission of final reports	August 2023
6.	Review of reports	September 2023-October 2023
7.	Declaration of results	November 2023
8.	Certificates and Stipend dispatch	December 2023-March 2024

You are requested to share this information with all the undergraduate students and encourage them to apply for the scholarship.

In case of any query may write back to stscrrh@gmail.com. Looking forward to wide participation from you.

Thanking you

Yours faithfully,



(Dr Praveen Oberai)

Deputy Director General I/C

Encl:

1. Link of Google form for Registration (in the letter as well as email body)
2. Format of Application Attestation Form for **STSH 2022** registration
3. Details of the **STSH 2022** Programme along with "Guide for Students"

Maharashtra University of Health Sciences, Nashik



AVISHKAR

Research Festival - 2022

CERTIFICATE



Invent Inculcate Define

This certificate is awarded to Dr. /Mr. /Ms. Sahar Muheeb Karbelkar

of Anantrao Kanse Homoeopathy College, Alephata, Pune

who has Participated in Primary Round of Avishkar – 2022 held on 19th Dec, 2022 organized by

Maharashtra University of Health Sciences, Nashik,

Dr. Manojkumar B. More
Director, Student Welfare

Dr. Rajendra S. Bangal
Registrar

Lt Gen Madhuri Kanitkar (Retd.)
PVSM, AVSM, VSM
Vice Chancellor



Maharashtra University of Health Sciences, Nashik



AVISHKAR

Research Festival - 2022

CERTIFICATE



This certificate is awarded to Dr. /Mr. /Ms. Nuzhat Abdul Razzaque Lokhande

of Anantrao Kanse Homoeopathy College, Alephata, Pune

who has Participated in Primary Round of Avishkar – 2022 held on 19th Dec, 2022 organized by

Maharashtra University of Health Sciences, Nashik,

Dr. Manojkumar B. More
Director, Student Welfare

Dr. Rajendra S. Bangal
Registrar

Lt Gen Madhuri Kanitkar (Retd.)
PVSM, AVSM, VSM
Vice Chancellor



Maharashtra University of Health Sciences, Nashik



AVISHKAR

Research Festival - 2022

CERTIFICATE



Invent Inculcate Define

This certificate is awarded to Dr. /Mr. /Ms. Tuba Shafique Shaikh

of Anantrao Kanse Homoeopathy College, Alephata, Pune

who has Participated in Primary Round of Avishkar – 2022 held on 19th Dec, 2022 organized by

Maharashtra University of Health Sciences, Nashik,

Dr. Manojkumar B. More
Director, Student Welfare

Dr. Rajendra S. Bangal
Registrar

Lt Gen Madhuri Kanitkar (Retd.)
PVSM, AVSM, VSM
Vice Chancellor



Maharashtra University of Health Sciences, Nashik



AVISHKAR

Research Festival - 2022

CERTIFICATE



This certificate is awarded to Dr. /Mr. /Ms. Tgra Abdulkarim Khan

of Anantrao Kanse Homoeopathy College, Alephata, Pune

who has Participated in Primary Round of Avishkar – 2022 held on 19th Dec, 2022 organized by

Maharashtra University of Health Sciences, Nashik,

Dr. Manojkumar B. More
Director, Student Welfare

Dr. Rajendra S. Bangal
Registrar

Lt Gen Madhuri Kanitkar (Retd.)
PVSM, AVSM, VSM
Vice Chancellor



Maharashtra University of Health Sciences, Nashik



AVISHKAR

Research Festival - 2022

CERTIFICATE



This certificate is awarded to Dr. /Mr. /Ms. Vibhavari Dnyandev Dharmadhikari

of Anantrao Kanse Homoeopathy College, Alephata, Pune

who has Participated in Primary Round of Avishkar – 2022 held on 19th Dec, 2022 organized by

Maharashtra University of Health Sciences, Nashik,

Dr. Manojkumar B. More
Director, Student Welfare

Dr. Rajendra S. Bangal
Registrar

Lt Gen Madhuri Kanitkar (Retd.)
PVSM, AVSM, VSM
Vice Chancellor





APPLICATION ATTESTATION FORM (AAF) STSH 2022

Name of the Student: Karbelkar Sahar Muheeb

Name of the Guide: Dr. Savita Jarad

Name of Medical College: Anant Rao Kanase Homoeopathic Medical College, Hospital and Research Center.

Title of the STSH Proposal: TO UNDERSTAND THE CORRELATION BETWEEN PRE AND POST PANDEMIC EFFECT ON MENTAL HEALTH AND SCHOLASTIC PERFORMANCE OF RURAL SCHOOL CHILDREN (CLASS 5th -7th) USING SDQ.



Certificate to be signed by the Student

I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.

If selected, I shall follow all instructions for carrying out the research, preparation and submission of STSH report. I also understand that if I am unable to complete my project & submit the report before the last date, no certificate or stipend will be awarded to me. I have gone through all the Instructions and Terms & Conditions for STSH 2022

Signature of Student:

Name of the Student: **KARBELKAR SAHAR MUHEEB**

Date: 29/08/22

Certificate to be signed by the Guide

I agree to accept the applicant ~~Ms./Ms.~~ Karbelkar Sahar Muheeb, studying in **BHMS-1111111111**. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.

Signature of Guide:
Designation: Assistant Professor
Department: Obstetrics and Gynaecology

Name: Dr. Savita Jarad

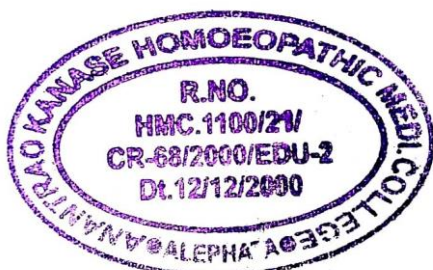
Attested By

Signature of Head of Department
DR. SARASWATI KANASE
(Name in Block letters with seal)

HEAD
DEPARTMENT OF GYN./OBS.
AKHM College & Hospital, Alephata

Signature of Head of Medical College
DR. KAMLESH V. GHOLE
(Name in Block letters with seal)


Principal
Anant Rao Kanase Homoeopathic
Medical College & Hospital
Alephata



Principal
Anant Rao Kanase Homoeopathic
Medical College & Hospital
Alephata

Research 2021-2022

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Saharkarbelkar	To understand the correlation between pre and post pandemic effects on mental health and scholastic performance of rural school children of class 5 th to 7 th using SDQ.	CCRH




APPLICATION ATTESTATION FORM (AAF) STSH 2022

Name of the Student: Karbelkar Sahar Muheeb

Name of the Guide: Dr. Savita Jarad

Name of Medical College: Anant Rao Kanase Homoeopathic Medical College, Hospital and Research Center.


Title of the STSH Proposal: TO UNDERSTAND THE CORRELATION BETWEEN PRE AND POST PANDEMIC EFFECT ON MENTAL HEALTH AND SCHOLASTIC PERFORMANCE OF RURAL SCHOOL CHILDREN (CLASS 5th -7th) USING SDQ.



Certificate to be signed by the Student

I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.

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Signature of Student: 

Date: 29/08/22

Name of the Student: **KARBELKAR SAHAR MUHEEB**

Certificate to be signed by the Guide


I agree to accept the applicant ~~Ms./Ms.~~ Karbelkar Sahar Muheeb studying in ~~BHMS- M/III/IV~~ . I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.

Signature of Guide: 

Designation: Assistant Professor

Department: Obstetrics and Gynaecology

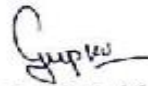
Name: Dr.Savita Jarad



Signature of Head of Department

DR. SARASWATI KANASE
(Name in Block letters with seal)

HEAD
DEPARTMENT OF GYN./OBS.
AKHM College & Hospital, Alephata



Signature of Head of Medical College

DR. KAMLESH V. GHOLAP
(Name in Block letters with seal)

Principal
Anant Rao Kanase Homoeopathic
Medical College & Hospital
Alephata

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Lokhande Nuzhat	A holistic approach towards coping strategies of homoeopathic medical undergraduate students by enhancement using multiple mini interviews.	CCRH



APPLICATION ATTESTATION FORM (AAAF) STSH 2022


Name of the Student: Shaikh Tubu Shafique
Name of the Guide: Dr Saraswati Kanase
Name of Medical College: Anant Rao Kanase Homoeopathic Medical College and Hospital, Research Center.
Title of the STSH Proposal: understanding different aspect of mental representation in patients with skin disorder like acne vulgaris, Superficial dermatophytosis and eczema by using MSQ and managing with IHM



Certificate to be signed by the Student

I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.


If selected, I shall follow all instructions for carrying out the research, preparation and submission of STSH report. I also understand that if I am unable to complete my project & submit the report before the last date, no certificate or stipend will be awarded to me. I have gone through all the Instructions and Terms & Conditions for STSH 2022

Signature of Student: 
Date: 29/08/2022

Name of the Student: Shaikh Tubu

Certificate to be signed by the Guide

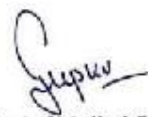
I agree to accept the applicant Mr./Ms. Shaikh Tubu Shafique studying in BHMS- VIII SEM. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.

Signature of Guide: 
Designation: Head of the department
Department: Obstetrics and Gynaecology


Name: Dr Saraswati Kanase

Attested By

Signature of Head of Department 
HEAD
DEPARTMENT OF GYN / OBS
(Name in Block letters with seal)
DR. SARASWATI KANASE


Signature of Head of Medical College 
Principal
Anant Rao Kanase Homoeopathic
(Name in Block letters with seal)
Alaphata
DR. KAMLESH. V. GHOLAP.

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Shaikh Tuba	To understand different aspects of mental representation in patients with skin disorders like acne vulgaris, superficial dermatophytosis and eczema using MSQ and managing with IHM.	CCRH



APPLICATION ATTESTATION FORM (AAF) STSH 2022


Name of the Student: Shaikh Tuba Shafique
Name of the Guide: Dr Saraswati Kanase
Name of Medical College: Anant Rao Kanase Homoeopathic Medical College and Hospital, Research Center.
Title of the STSH Proposal: understanding different aspect of mental representation in patients with skin disorder like acne vulgaris, Superficial dermatophytosis and eczema by using MSQ and managing with IHM



Certificate to be signed by the Student


I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.

If selected, I shall follow all instructions for carrying out the research, preparation and submission of STSH report. I also understand that if I am unable to complete my project & submit the report before the last date, no certificate or stipend will be awarded to me. I have gone through all the Instructions and Terms & Conditions for STSH 2022


Signature of Student:  Name of the Student: Shaikh Tuba
 Date: 29/08/2022


Certificate to be signed by the Guide

I agree to accept the applicant Mr./Ms. Shaikh Tuba Shafique, studying in BHMS- VIII/10/22. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.


Signature of Guide:  Name: Dr Saraswati Kanase
 Designation: Head of the department
 Department: Obstetrics and Gynaecology

Attested By



 Signature of Head of Department
HEAD
 DEPARTMENT OF GYN / OBS
 (Name in Block letters with seal)
DR. SARASWATI KANASE


 Signature of Head of Medical College
Principal
 Anant Rao Kanase Homoeopathic
 (Name in Block letters with seal)
 Alaphata
DR. KAMLESH. V. GHOLAP.

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Khan Iqra	The effectiveness of Ruta Graveolens-30 in management of ligament injury of knee joint: prospective, Interventional, Clinical Study.	CCRH


APPLICATION ATTESTATION FORM (AA) STSH 2022


Name of the Student: Shaikh Tubu Shafique
Name of the Guide: Dr Saraswati Kanase
Name of Medical College: Anant Rao Kanase Homoeopathic Medical College and Hospital, Research Center.
Title of the STSH Proposal: understanding different aspect of mental representation in patients with skin disorder like acne vulgaris, Superficial dermatophytosis and eczema by using MSQ and managing with IHM



Certificate to be signed by the Student


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Signature of Student:  Name of the Student: Shaikh Tubu
 Date: 29/08/2022

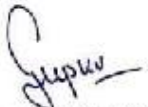
Certificate to be signed by the Guide

I agree to accept the applicant Mr./Ms. Shaikh Tubu Shafique, studying in BHMS- VIII/II/IV. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.


Signature of Guide:  Name: Dr Saraswati Kanase
 Designation: Head of the department
 Department: Obstetrics and Gynaecology

Attested By



 Signature of Head of Department
HEAD
 DEPARTMENT OF GYN/OBS
 (Name in Block letters with seal)
DR. SARASWATI KANASE


 Signature of Head of Medical College
Principal
 Anant Rao Kanase Homoeopathic
 (Name in Block letters with seal)
 Alaphara
DR. KAMLESH. V. GHOLAP.

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Dharmad hikariVibhavari	Effectiveness of indivisualised homoeopathic medicines in managing quality of life in patients of PMS.	CCRH


APPLICATION ATTESTATION FORM (AAD) STSH 2022


Name of the Student: Shaikh Tuba Shafique
Name of the Guide: Dr Saraswati Kanase
Name of Medical College: Anant Rao Kanase Homoeopathic Medical College and Hospital, Research Center.
Title of the STSH Proposal: understanding different aspect of mental representation in patients with skin disorder like acne vulgaris, Superficial dermatophytosis and eczema by using MSQ and managing with IHM



Certificate to be signed by the Student


I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.

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Signature of Student:  Name of the Student: Shaikh Tuba
 Date: 29/08/2022


Certificate to be signed by the Guide

I agree to accept the applicant Mr./Ms. Shaikh Tuba Shafique studying in BHMS- VIII/III/IV. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.

Signature of Guide:  Name: Dr Saraswati Kanase
 Designation: Head of the department
 Department: Obstetrics and Gynaecology

Attested By


 Signature of Head of Department
HEAD
 DEPARTMENT OF GYN./OBS.
 (Name in Block letters with seal)
 DR. SARASWATI KANASE


 Signature of Head of Medical College
Principal
 Anant Rao Kanase Homoeopathic
 (Name in Block letters with seal)
 Alaphata
 DR. KAMLESH. V. GHOLAP.

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Komal Mahajan	Effect of auxiliary management in improving basal metabolic rate in adult age group by assessing it with body fat analyzer machine: A prospective study	CCRH


1)	Title	Effect of auxiliary management in improving basal metabolic rate (BMR) in adult age group by assessing it with body fat analyser machine: A prospective Study
2)	Introduction	<p>Basal Metabolic Rate (BMR) represents the largest component of total energy expenditure and is a major contributor to energy balance. Various components in the body require various levels of energy to be maintained. (1)</p> <p>Body fat requires much less energy than lean body, as lean muscle is much more metabolically active and therefore requires more energy expenditure to remain in homeostasis. If comparing two individuals with all variables being equal, the person with more lean muscle mass will have a higher basal metabolic rate, and therefore, a lower metabolic age in comparison to those with the identical chronological age (2).</p> <p>Every 10 years an adult's BMR independent of their BMI decreases 1-2% due to skeletal muscle loss, thus decreasing an adult's energy requirement and promoting obesity. Lack of activity destroys the good condition of every human being and many people don't perform any exercise and are unaware of the fact that methodical physical exercise solves many health issues (3). There are many factors that have influence on individual. These are known as health-determinants. Auxiliary treatment includes diet, exercise and health care. (4)(5)</p> <p>Thus, individual lifestyle determinants have a strong effect on a person's well-being. This BMR can be calculated by using the Body fat analyser machine which gives the metabolic age that can be compared to the current age. (5-6)</p> <p>NEED FOR STUDY: BMR is important factor in human health and there are no peer reviewed studies of basal metabolic rate, whereas the basal metabolic rate decreases linearly with increasing age and there are many factors responsible for its maintenance, but it was not a data point in research (6) although</p>

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Ayesha Syed	Impact of weight stigma on mental health of medical students with the use of BSQ and managing it with individualized homoeopathic medicine.	CCRH

APPLICATION ATTESTATION FORM (AAF) STSH 2022

R.NO.
HMC/1100/21/
CR-68/2000/ETIU-2
DL12/12/2006

Name of the Student: Aaisha Tabassum Syed Aashique Ali
Name of the Guide: Dr Snehal Bhagavan Patil
Name of Medical College: Anantrao Kanase Homoeopathic Medical College and Hospital, Research Center.
Title of the STSH Proposal: Impact of Weight Stigma on Mental Health of Medical Students with the Use of BSQ And Managing it with Individualised homoeopathic Medicine



Certificate to be signed by the Student

I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.

If selected, I shall follow all instructions for carrying out the research, preparation and submission of STSH report. I also understand that if I am unable to complete my project & submit the report before the last date, no certificate or stipend will be awarded to me. I have gone through all the Instructions and Terms & Conditions for STSH 2022

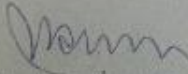
Signature of Student: *Aaisha* Name of the Student: Aaisha Syed
Date: 29/08/2022

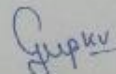
Certificate to be signed by the Guide

I agree to accept the applicant Mr./Ms. Aaisha Tabassum Syed Aashique Ali studying in BHMS-IV/III/IV. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.

Signature of Guide: *Snehal* Name: Dr. Snehal Bhagavan Patil
Designation: Assistant Professor
Department: Practice of Medicine

Attested By


Signature of Head of Department
HEAD
DEPARTMENT OF MEDICINE
(Naming in Block letters with seal)
DR. CHANDRAKANT. A. KANASE


Signature of Head of Medical College
Principal
Anantrao Kanase Homoeopathic
Medical College & Hospital
Alephata
DR. KATLESH. V. GHOLAP

Sr.No.	date	Name	Research project	Name of authority
1.	August 2022	Kanchan Pawar	Study of mind rubrics from synthesis repertory (Edition: 9.1) in management of cases of migraine- a prospective interventional study.	CCRH



APPLICATION ATTESTATION FORM (AAF) STSH 2022

Name of the Student: Kanchan Raju Pawar
Name of the Guide: Dr. Bhagyashri Wankhede
Name of Medical College: Anant Rao Kanase Homoeopathic Medical College and Hospital, Research Center.
Title of the STSH Proposal: Study Of Mind Rubrics From Synthesis Repertory (Edition : 9.1) In The Management Of Migraine.



Certificate to be signed by the Student

I certify that the information provided by me in the online application form for STSH 2022 is best to my knowledge and I am submitting only one application for STSH 2022. In the event any information is found to be false, my studentship may be cancelled. I also certify that the research proposal is an original work prepared under the guidance of my Guide. I understand that after evaluation of my proposal, I may or may not be selected and I shall abide by the decision of CCRH.

If selected, I shall follow all instructions for carrying out the research, preparation and submission of STSH report. I also understand that if I am unable to complete my project & submit the report before the last date, no certificate or stipend will be awarded to me. I have gone through all the Instructions and Terms & Conditions for STSH 2022

Signature of Student:

Name of the: Kanchan Raju Pawar

Student: Date: _____

Certificate to be signed by the Guide

I agree to accept the applicant Mr./Ms. Kanchan Raju Pawar studying in BHMS: M/11111111. I certify that he/she is not an intern and will offer him/her all facilities and guidance for carrying out research. I also certify that the proposal is an original submission prepared by the student under my guidance. I am forwarding only one STSH 2022 student application. If my student is selected, I shall facilitate early completion of research work in any two given months, so that the report is submitted before the last date.

Signature of Guide: Name: Dr. Bhagyashri Wankhede
 Designation: Assistant professor
 Department: physiology including Biochemistry

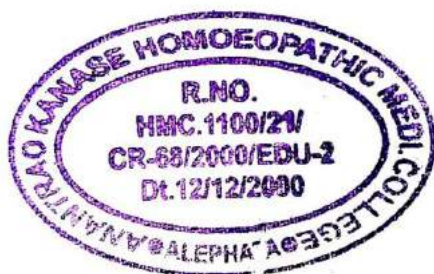
Attested By

Signature of Head of Department
 H.O.D.
 DEPARTMENT OF PHYSIOLOGY
 (Name in Block letters with seal)
 A.R.H.M. College & Hospital, Alephata

Signature of Head of Medical College
 Principal
 Anant Rao Kanase Homoeopathic
 Medical College & Hospital
 Alephata

Sr.No.	date	Name	Research project	Name of authority
1.	September 2022	Saharkar elkar	Effectiveness of Homoeopathic medicine in management of acute alcohol withdrawal tremors and to improve QOL in alcohol dependence patients.	SLRC, MUHS

1	AIM	Effectiveness of homoeopathic medicine in management of acute alcohol withdrawal tremors and to improve QOL in alcohol dependence patients. ABBREVIATION: QOL – Quality Of Life.
2.	OBJECTIVE	<ol style="list-style-type: none"> To evaluate the usefulness of homoeopathic medicines in treatment of acute alcohol withdrawal tremors. To assess the QOL in alcohol dependence patients.
3.	HYPOTHESIS	<p>NULL HYPOTHESIS- IHM has no effect on acute alcohol withdrawal tremors and improvement in QOL in alcohol dependence patients.</p> <p>ALTERNATIVE HYPOTHESIS– IHM has effect on acute alcohol withdrawal tremors and improvement in QOL in alcohol dependence patients.</p>
4.	MATERIAL AND METHOD	<p>TYPE OF STUDY-Quantitative.</p> <p>STUDY DESIGN- Prospective, interventional.</p> <p>SAMPLE SIZE- 30 patients from a De-addiction center, above 18 years of age.</p> <p>SELECTION CRITERIA- attached college's De-addiction center.</p> <p>INCLUSION CRITERIA:</p> <ul style="list-style-type: none"> Above 18 years. Both genders. <p>EXCLUSION CRITERIA:</p> <ul style="list-style-type: none"> Taking other medications for alcohol withdrawal tremors. Pregnancy or lactating female. Systemic illness.
4.	RESULT	<ul style="list-style-type: none"> The outcome assessment will be done using revised clinical institute withdrawal assessment for alcohol scale (CIWA-Ar). QOL will be assessed by using the scale World Health Organisation quality of life (WHOQOL)- BREF.
5.	CONCLUSION	NA




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Sr.No.	date	Name	Research project	Name of authority
1.	September 2022	Lokhande Nuzhat	Effectiveness of Verbena Officinalis 30 in management of acute stress in medical students.	SLRC, MUHS

1.	Title: -	Effectiveness of Verbena Officinalis 30 in management of acute stress in medical students.
2.	Objective: -	To study the effect of Verbena Officinalis (Vervain) in management of acute stress in medical students.
3.	Methodology: -	Randomized Control Trial Type of Study: Quantitative. Study Design: Prospective, interventional. Inclusion criteria: - All undergraduate students Sample size: - 300 students. The stress level will be determined using the standard Perceived Stress Scale [1] at the start of the study. Vervain 30 will be given to the students for a duration of approximately 15 days and a stress test will be done by the end of 15 days using PSS and the change will be evaluated. Abbreviation: - PSS : Perceived Stress Scale
4.	Probable Findings: -	Herbs have been proved to be a healthier and more effective choice in mental ailments. Vervain has been a studied remedy for stress management in the past. [2-3] There could be significant changes in the stress levels after the trial. Being a perennial plant with more than 150 different species' vervain is an economical choice for management in stress levels of those subjected to it constantly. This study hopes to find a remedy with holistic approach and little aggravation when used for treating an individual.
5.	References: -	1. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7461415/ 2. https://pubmed.ncbi.nlm.nih.gov/32937665/ 3. https://scholar.google.com/scholar?hl=en&as_sdt=0%2C3&q=Vervain+and+stress&eq=Vervain+and+stre#d=gs_qabs&t=1662994856878&u=%23p%3D--NphTv6hUJ



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Sr.No.	date	Name	Research project	Name of authority
3.	December 2022	Lokhande Nuzhat	To determine the relationship between temperaments and Diabetes.	MUHS Avishkar 2022
4.	December 2022	Shaikh Tuba	To understand different aspects of mental representation in patients with skin disorders like acne vulgaris, superficial dermatophytosis and eczema using MSQ and managing with IHM.	MUHS Avishkar 2022

MUHS LEVEL RESEARCH COMPETITION "MUHS AVISHKAR-2022"

CATEGORY: MEDICINE AND PHARMACY

UG-LEVEL

Understanding different aspects of mental representation in patient with skin disorders like acne vulgaris, superficial dermatophytosis and eczema using MSQ and managing with IHM -pilot study

INTRODUCTION:

Most dermatological conditions can have a considerable impact on mental representation and Quality of life in afflicted individuals. Years lived with disability due to skin and subcutaneous diseases accounted for 4.02% of the total years lived with disability in India in 2017. There was an increase of 53.7% in all age standardized years lived with disability for all the skin and subcutaneous diseases from 1990 to 2017. Among skin and subcutaneous diseases, dermatitis contributed maximum years lived with disability (1,40 million; 95% uncertainty interval, 0.82-2.21) in 2017. Skin and subcutaneous diseases were the 18th leading cause of global DALYs in Global Burden of Disease 2013. Excluding mortality, skin diseases were the 4th leading cause of disability worldwide. The conditions like acne vulgaris, eczema and superficial dermatophytosis are taken under consideration. The effect of skin diseases on patients may be profound but not well understood.

AIM:

To understand different aspects of mental representation in patients with skin disorders like acne vulgaris, superficial dermatophytosis and eczema using MSQ & GHQ and managing with IHM

OBJECTIVE

PRIMARY:

- To understand the mental representation in relation with skin disorders.
- To manage the mental representation with IHM.

ABBREVIATION:

IHM-INDIVIDUALIZE HOMOEOPATHIC MEDICINE.
MSQ-MY SKIN QUESTIONNAIR

METHOD AND MATERIAL:

STUDY DESIGN: Quantitative.

TYPE OF STUDY: Prospective and Interventional study, Clinical Study.

STUDY SETTING: Case were taken from attached homoeopathic institute and research center.

SAMPLE SIZE: 8 patients from attached homoeopathic institute and research center.

SELECTION CRITERIA: patient came with acne vulgaris, eczema and dermatophytosis.

Inclusion criteria:

- Patients satisfying sample selection criteria.
- Patients above 18 years of age.
- Patients of all the sexes and all socioeconomic status.

Exclusion criteria:

- Clinical evidence of any disease excluding acne vulgaris, superficial dermatophytosis
- Pregnant and lactating women

REFERENCES:

1. World Health Organization. (2019). Global burden of disease, injuries, and risk factors. Geneva: World Health Organization. <https://www.who.int/teams/information-systems/global-burden-of-disease-injuries-and-risk-factors>

2. World Health Organization. (2017). Global burden of disease, injuries, and risk factors. Geneva: World Health Organization. <https://www.who.int/teams/information-systems/global-burden-of-disease-injuries-and-risk-factors>

3. World Health Organization. (2013). Global burden of disease, injuries, and risk factors. Geneva: World Health Organization. <https://www.who.int/teams/information-systems/global-burden-of-disease-injuries-and-risk-factors>

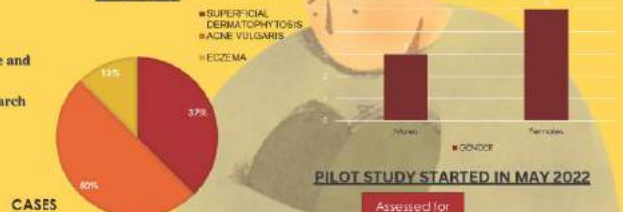
4. World Health Organization. (2010). Global burden of disease, injuries, and risk factors. Geneva: World Health Organization. <https://www.who.int/teams/information-systems/global-burden-of-disease-injuries-and-risk-factors>

5. World Health Organization. (2008). Global burden of disease, injuries, and risk factors. Geneva: World Health Organization. <https://www.who.int/teams/information-systems/global-burden-of-disease-injuries-and-risk-factors>

DISCUSSION:

- Dermatologic problems can result in psychosocial effects that seriously affect patient's lives. More than a cosmetic nuisance, skin disease can produce anxiety, depression, and other psychological problems that affect patients lives in ways comparable to arthritis or other disabling illnesses. Individualize Homoeopathic Medicine (IHM) can correct the psychological impact of dermatological condition and thus, the global burden of diseases related to skin can be reduced.
- Dermatological and psychiatric conditions both have expensive and time-consuming treatment which cannot be afford for many of the Indian population, Homoeopathic treatment on the other hand being cost effective can be a better mode of treatment in all the ages, both sexes and different constitution.
- Due to new researches and the day-to-day progress of homoeopathy in the many fields including dermatology and psychiatry they have promising and unbelievable result.

ANALYSIS:



FORMULA USED:

n= Total patient
x= score before Rx
y= score after Rx
d= Total of x-y

$d = \frac{\sum(x-y)}{n}$
 $S = \sqrt{\frac{\sum(x-y)^2}{n(n-1)}}$
 $SE = \frac{S}{\sqrt{n}}$
 $t = \frac{d}{SE}$

CONCLUSION:

The results of current observational pilot study suggest the promising use of Individualize Homoeopathic Medicine in the management of psychological effect of skin diseases and also in improving the general health status of the patient. Further studies with large sample size and rigorous design are required to assess the management of psychological effects of skin diseases and maintaining the general health status of the patient

PILOT STUDY STARTED IN MAY 2022



Gupk.v.

Principal

Anant Rao Kanase Homoeopathic Medical College & Hospital Alephata

Sr.No.	date	Name	Research project	Name of authority
1.	December 2022	Khan Iqra	The effectiveness of Ruta Graveolens-30 in management of ligament injury of knee joint: prospective, Interventional, Clinical Study.	MUHS Avishkar 2022

MUHS Level Research Competition "MUHS-Avishkar 2022"

THE EFFECTIVENESS OF RUTA GRAVELEONS 30 IN MANAGEMENT OF KNEE LIGAMENT INJURY CATEGORY : MEDICINE AND PHARMACY

LEVEL -UG

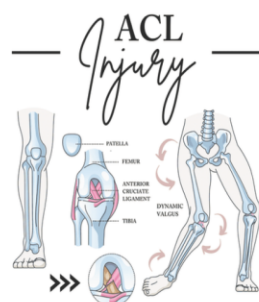
INTRODUCTION

Ligaments are elastic bands of tissue that connect bones to each other.

The four main ligaments are

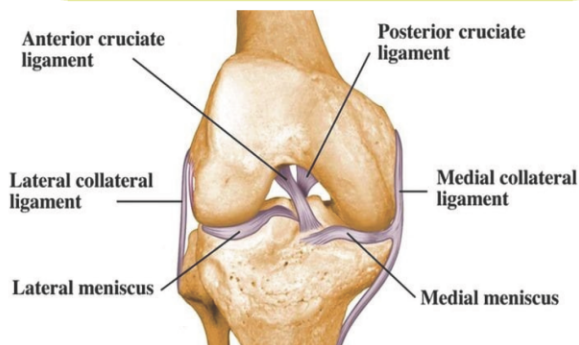
1. Anterior cruciate ligament
2. Posterior cruciate ligament
3. Medial collateral ligament
4. Lateral collateral ligament.

ACL is often stretched or torn due to sudden twisting motion, skiing, basketball, football etc



AIMS AND OBJECTIVES

1. To study the effectiveness of RUTA GRAVELEONS 30 on ligament injury of the knee joint.
2. To study the drug RUTA GRAVELEONS
3. To study the TEGNER and LYSHOLM scale of ligament injury of knee joint.



HYPOTHESIS

1. NULL HYPOTHESIS : Ruta Graveleons 30 is not effective in management of ligament injury of knee joint
2. ALTERNATIVE HYPOTHESIS: Ruta Graveleons 30 is effective in management of ligament injury of knee joint.

MATERIAL AND METHOD

Type of study: Quantitative

Study design : Non randomised , interventional , clinical trial.

Sample size : 30 patients.

ANALYSIS

$$t = d/SE$$

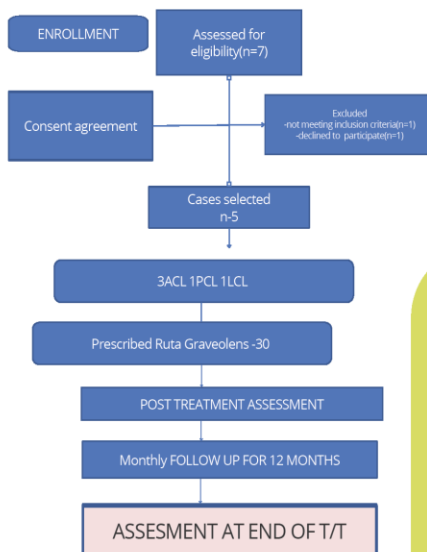
$$t = 31.504$$

$$t = \text{The value of } t_4 \text{ is } 2.132$$

The calculated value of t is greater than t₄, so we reject the null hypothesis and accept the alternative hypothesis that is RUTA GRAVELEONS 30 is effective in management of ligament injury of knee joint.

DISCUSSION

RUTA 30 was prescribed and the follow up confirmed its efficacy in treating the symptoms of knee ligament injury. There is a severe lack of studies and researches on the usage of RUTA to treat ligament injuries. The lack of information makes it a necessity to hold studies on finding such an alternative medication for the treatment of ligament injury.



RESULT

RUTA 30 showed significant changes in the swelling pain and instability while treating ligament injury.

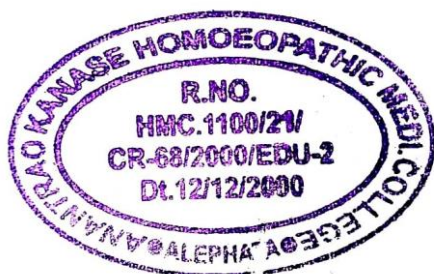
CONCLUSION

The result of the pilot study showed significant improvement in cases after prescribing RUTA GRAVELEONS 30C.

REFERENCES

1. Lectures on Homoeopathic Materia Medica by James Tyler Kent.
2. Boericke Materia Medica by DR William Boericke.
3. A Dictionary Of Practical Materia Medica by John Henry Clarke.
4. Materia Medica of Homoeopathic Medicine by S.R.Phatak.
5. Seven Hundred red line symptoms by John .W. Hutchinson.
6. Allens Keynote by H . C . ALLEN.

Sr.No.	date	Name	Research project	Name of authority
2.	December 2022	Dharmad hikariVib havari	Effectiveness of indivisualised homoeopathic medicines in managing quality of life in patients of PMS.	MUHS Avishkar 2022



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EFFECTYNESS OF INDIVIDUALIZED HOMIOPATHIC MEDICINES IN MANAGING QUALITY OF LIFE IN PATIENTS OF PMS (PREMENSTRUAL SYNDROME) : PILOT STUDY

AIM
To study effectiveness of individualized homeopathic medicines in managing quality of life in patients of PMS (Premenstrual Syndrome) in patients of PMS.

OBJECTIVE
To assess the reduction in the frequency, duration and intensity of symptoms of PMS.

HYPOTHESES
H0: Individualized homeopathic medicines are not effective.
H1: Individualized homeopathic medicines are effective.

RESEARCH QUESTION

Are individualized homeopathic medicines effective in managing the quality of life in PMS?

METHODOLOGY
Study design: Quantitative clinical
Study type: Interventional
Sample size: 50
Inclusion criteria: Female students
Exclusion criteria:

DISCUSSION
PMS is increasingly recognized condition in young women. People who experience of the severity of the condition (PMS) require study. Homeopathic medicines are able to manage patients of PMS and improve quality of life. The individualized treatment was able to significantly reduce severity of PMS.

REFERENCES

1. A. G. (2019). *Homeopathic Remedies*. London: Elsevier.
2. *Homeopathic Remedies*. London: Elsevier.
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7. *Homeopathic Remedies*. London: Elsevier.
8. *Homeopathic Remedies*. London: Elsevier.
9. *Homeopathic Remedies*. London: Elsevier.
10. *Homeopathic Remedies*. London: Elsevier.



RESULTS
The pilot study included 50 patients who were treated with individualized homeopathic medicines. The study results showed that the intensity, frequency, and duration of symptoms of PMS were significantly reduced in the study group as compared to the control group. The study also showed that the quality of life of patients in the study group was significantly improved as compared to the control group.

CONCLUSION
After giving individualized homeopathic medicines, there was significant reduction in intensity & frequency of PMS symptoms. No conclusion can be made on effectiveness as long term study with large number of population is needed to establish this.