

## Criterion 5

### - Student Support & Progression (120)

#### Key Indicator - 5.1 StudentSupport (45)

##### 5.1.2.Capability enhancement and development schemes employed by the Institution for students:

Sr. No.	Name of the capability enhancement scheme	Year of implementation	Number of students enrolled	Name of the agencies involved with their contact details
1	Soft Skill development	2021-22	250	Dr. Gholap R.K. 9421773715
2	Language and communication skill development	2020-21	380	Dr. Shaikh S.K. 966503188
3	Yoga and wellness	2017-18	390	Dr. Kanase S.C. 9890812362 Dr.Kulkarni A.A. 9822571154
4	Analytical skill development	2017-18	165	Dr. Soman S.S. 9881903392
5	Human value development	2017-18	382	Dr. Dahale S.S. 9823243240
6	Personality and professional development	2020-21	387	Dr. Gholap K.V. 9421773740
7	Employability skill development.	2020-21	231	Dr. Jarad S.S. 9552873274



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List of Document year 2020-2021

Sr. No	Title	Under Heading 5.1.2	Date
1	Republic Day	Personality and Professional Development	26/01/2021
2	Water Purification Visit	Personality and Professional Development	24/02/2021
3	Shivjayanti Celebration	Personality and Professional Development	19/02/2021
4	ArogyaShibir	Human Value Development	17/03/2021
5	Induction Programme	Human Value Development	05/04/2021
6	World Yoga Din Celebration	Personality and Professional Development	21/06/2021
7	Ganpati Festival	Personality and Professional Development	10/07/2021
8	MahaAawayav Dan Saptah	Human Value Development	13/08/2021
8	World Pharmacy Exhibition	Human Value Development	05/10/2021
9	Navratri -JagarArogyacha	Human Value Development	16/10/2021
10	Ethics in Homoeopathic Practice.	Human Value Development	24/11/2021

Capability enhancement and development schemes employed by the Institution for students:

**1. Soft skill development: Yes**



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KULSWAMI MEDICAL FOUNDATION'S

# ANANTRAO KANASE HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL

(Recognized by -Central Council of Homoeopathy, New Delhi &  
Affiliated to Maharashtra University of Health Sciences, Nashik)

Alephata, Tal - Junnar, Dist - Pune, Pin- 412411, Tel- 7028196080, E-mail-akhmcr@hotmail.com, Website-www.akhmc.org

Principal : Dr. GHOLAP K.V. M. D. (Hom.),CCMP.

*Kulswami Medical Foundation's*

*Anantrao Kanase Homoeopathic Medical College and Hospital*

*Soft skill development Report - 11/04/2022*

*Place :- Belhe*

*Speaker -Dr. Dumbre Mandar & Mr. Keshav Pund.*

*Date :- 11/04/2022*

*The activity of " Soft skill development at 2 p.m. on 11/04/2022, as per the previously planned schedule and informed notice and as per Covid guidellnes. Dr. Dumbre Mandar & Mr. Keshav Pund. discussed about*

- ✓ *Stress management*
- ✓ *Self development.*

*This Learning activity was beneficial to the students . This activity helped out students to develop their cognitive domain development .*



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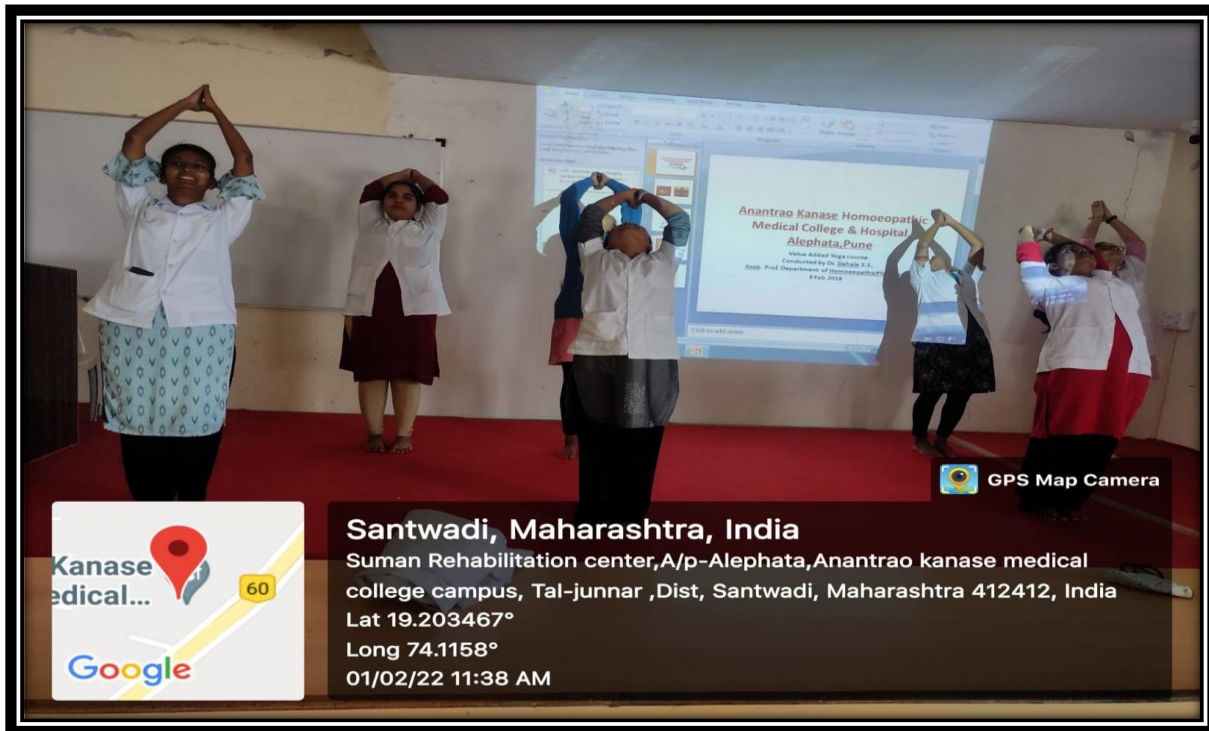




**2. Language and communication skill development:** Yes , since 2020 In Anantrao Kanase Homoeopathic Medical College & Hospital focuses on several techniques like different camps, Health check up camps in school, surveys that enhances productivity of Students, and helpful for attain our organizational goals.

**3. Yoga and wellness:** Homoeopathy & yoga are the two science that augment with each other.

Anantrao Kanase Homoeopathic Medical College & Hospital is the one to incorporate yoga in its curriculum. Theyogasana are conducted on every Tuesday by Dr. S.C. Kanase Professor, & H.O.D. Department of Ob/Gy for all 4 years students & continued during the internship. This activity is also supported by Dr. A.A. Kulkarni. Associate Prof. Department Of Practice of Medicine.



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## International Yoga Week 40 minutes session for 6 days ( 14/06/2022 to 21/06/2022)

International Yoga week was celebrated in Anantrao Kanase Homoeopathic Medical College & Hospital according to guidelines given by circular No. 2300 dated 26 May 2022, published by N.C.H, New Delhi.

Teacher's committee was formed as follows & responsibility of organization of program was given to following committee.

### Teacher's Committee for celebration of Yoga Week

Sr.No.	Name of the teacher	Designation
1	Dr. K.V.Gholap	Program in charge
2	Dr. Kanase S.C.	Member
3	Dr. Kulkarni A.A.	Member
4	Dr. Dahale S.S.	Member
5	Dr. Wankhede B.B.	Member
6	Dr. Gholap R.K.	Member
7	Mrs. Gaykwad Chhya	Member



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Principal : Dr. GHOLAP K.V. M. D. (Hom.),CCMP.

## Yoga And Wellness Report - 25/06/2022

Venue -Seminar hall and college campus.

Speaker - Dr. Aparna Kulkarni

Date :- 14/06/2022 to 25/06/2022.

The activity of " Yoga And Wellness week was conducted for 40 minutes from 14/6/ 2022 to 21/06/2022. as per the previously planned schedule and informed notice.

### International Yoga Week 40 minutes session for 6 days ( 14/06/2022 to 21/06/2022)

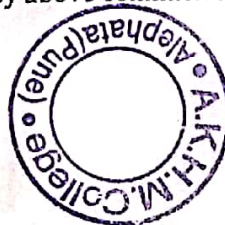
- International Yoga week was celebrated in Anantrao Kanase Homoeopathic Medical College & Hospital according to guidelines given by circular No. 2300 dated 26 May 2022, published by N.C.H, New Delhi.
- Teacher's committee was formed as follows & responsibility of organization of program was given to following committee.


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5	Dr. Wankhede B.B.	Member
6	Dr. Gholap R.K.	Member
7	Mrs. Gaykwad Chhya	Member

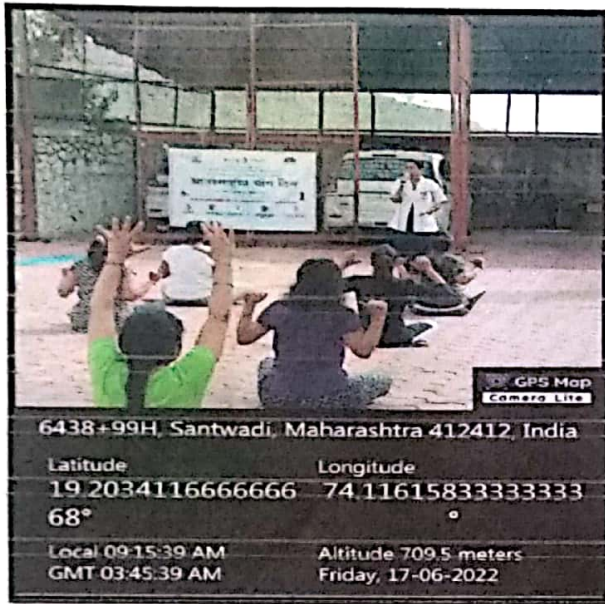
All guidelines were given to this committee regarding conduction of Yoga Week from 14/06/2022 to 21/06/2022.

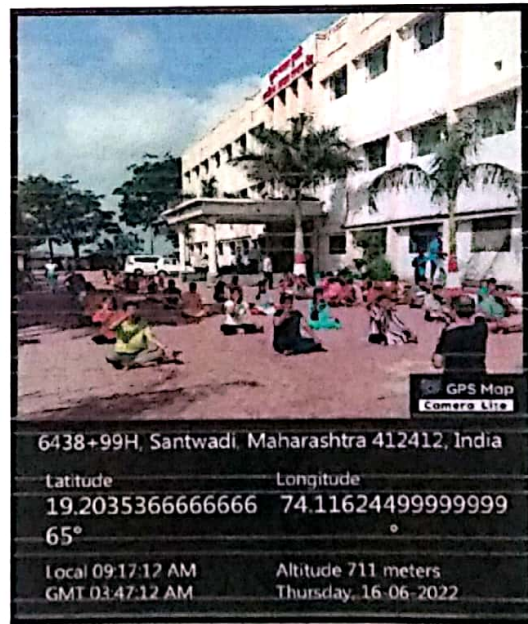
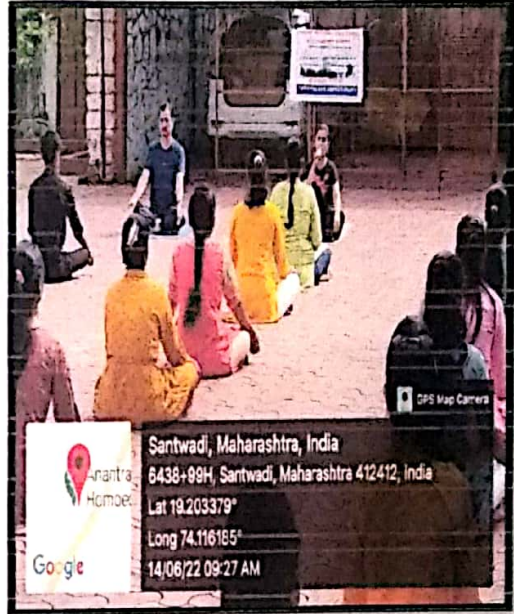
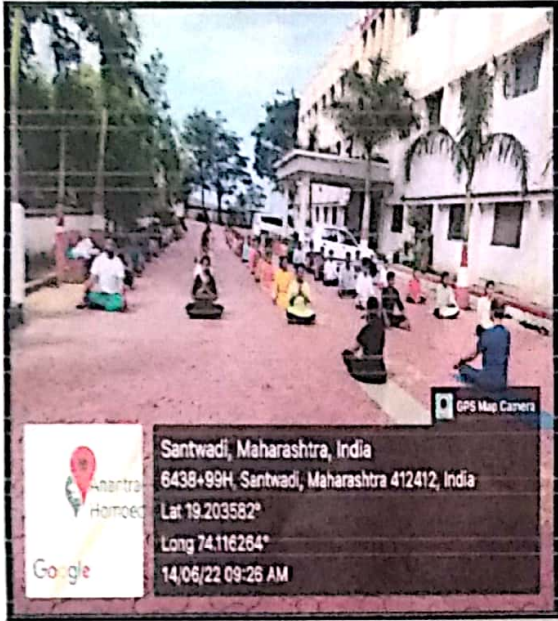
Daily Yoga sessions were conducted by above committee members.



  
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6438+99H, Santwadi, Maharashtra 412412, India

Latitude 19.2034116666666 Longitude 74.1161583333333  
68°

Local 09:15:39 AM Altitude 709.5 meters  
GMT 03:45:39 AM Friday, 17-06-2022



Santwadi, Maharashtra, India

6438+99H, Santwadi, Maharashtra 412412, India

Lat 19.203366°

Long 74.11625°

18/06/22 09:35 AM



Suman Rehabilitation center, A/  
p-Alephata, Anantrao Kanase Medical College  
campus, Tal-junnar, Dist, Santwadi, Maharashtra  
412412, India

Latitude 19.1927937° Longitude 74.0753578°

Local 04:09:53 PM Altitude 0 meters  
GMT 10:39:53 AM Tuesday, 21-06-2022



6438+99H, Santwadi, Maharashtra 412412, India

Latitude 19.2035533333333 Longitude 74.1162033333333  
32°

Local 09:38:40 AM Altitude 708.3 meters  
GMT 04:08:40 AM Tuesday, 21-06-2022



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**4. Analytical skill development:** The institution is dedicated to see that its graduates develop into multi faceted medical facilitators to serve society in a conscientious manner & at the same time attain success in their careers through application of their talent & skills developed during their course of study.

Presently this is taken care by providing the following curriculum to those of minimum standards prescribed by the central council of homoeopathy.

72 learning lessons are conducted by each intern to develop their analytical skill value during day to day examination of patients. Program is carried out by institution in following order: DrAwariSunita Associate Professor Dept. of repertory, is appointed as Programme Coordinated for this project.

### 72 Learning Lessons Model



  
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**Learning lessons for interns**

---

**Examination of arterial pulse**

**Procedure-**

**Position of arm-**

**Rate-**

**Rhythm-**

**Common causes of increased pulse rate-**

**Common causes of decreased pulse rate-**

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**Learning lessons for interns**

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**Examination of blood pressure**

**Position of patient-**

**Position of BP apparatus-**

**Palpatory method-**

**Auscultatory method-**

**3 common causes of hypotension-**

**3 common causes of hypertension-**

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**Learning lessons for interns**

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**Recording the body temperature**

**Oral/axillary-**

**Variations in body temp-**

**3 common causes of fever-**

**3 common causes of hypothermia-**

**Different devices available for recording the body temp-**



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**Examination of tongue**

**Light-**

**What to see-**

**Colour-**

**Papillae-**

**Coating-**

**Causes of coating-**

**Colour variations-**

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**Examination of throat**

**How to examine-**

**Position of pt and doctor-**

**Light-**

**Structures to be seen-**

**Colour and position of soft palate and uvula-**

**Tonsils-**

**Posterior pharyngeal wall-**

**3 common abnormalities-**

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**Examination of nose**

**Position of pt-**

**Light-**

**Turbinates-**

**Nasal septum-**

**Discharges-**

**Common abnormalities-**

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**Examination of ear**

**Position of pt and doctor-**

**Light-**

**Ext auditory canal (common abnormalities)-**

**Tympanic membrane-**

**Cone of light-**

**Normal anatomical structures-**

**Discharges-**

**Tenderness (causes)-Common abnormalities-**

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**Pallor**

**Sites to be examined-**

**Investigations to be advised-**

**3 Common causes-**

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**Icterus**

**Common sites to be examined-**

**Investigations to be advised-**

**3 common causes-**

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**Clubbing**

**How to examine-**

**3 common causes-**

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**Oedema**

**Sites to be examined-**

**How to examine-**

**Causes- Unilateral-**

**Bilateral-**

**Face-**

**Shin and feet-**



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**Lymph nodes**

**Common sites to be examined-**

**Cervical-**

**Pre-auricular-**

**Post-auricular-**

**Supra clavicular-**

**Inguinal-**

**Common causes of each-**

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**Eyes**

**Structures to be seen-**

**Colour-**

**Pupils-**

**Watering-**

**Discharges-**

**Swelling-**

**Common causes of each-**

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**Nails**

**Colour-**

**Shape-**

**Ridges-**

**Nail bed-**

**Common abnormalities-**

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**Teeth and gums**

**Teeth-**

**Colour-**

**Coating-**

**Gums-**

**Swelling-**

**Bleeding-**

**Ulceration-**

**3 common abnormalities-**

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**Liver**

**Position of pt-**

**How to palpate-**

**3 common causes of hepatomegaly-**

**Investigations to be advised-**

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**Spleen**

**Position of pt-**

**How to palpate-**

**Common causes of enlargement-**

**Investigations to be advised-**

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**Kidney**

**Position of pt-**

**How to palpate-**

**Common causes-**

**Tenderness in renal angle-**

**Investigations to be advised-**

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**Ascites/ P/A examination**

**Inspection- Distension, status of umbilicus, veins on anterior  
abdomen wall**

**Palpation- tenderness, pain, lump**

**Percussion-**

**Common causes of distension-**



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**Heart sound**

**Site-**

**How to examine-**

**Normal-**

**Three common abnormalities-**

**Types of murmur-**

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**Respiration**

**How to examine**

**Position of patient**

**Vesicular breathing and bronchial-**

**Common causes of increased respiration rate and decreased rate-**

**Crepts , wheeze , rhonci**

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**Epigastric region**

**Position of patient**

**Pain/ tenderness-**

**Common causes-**

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**Right hypochondriac region**

**How to examine/ position of patient**

**-liver**

**-gallbladder**

**-murphy's sign**

**Pain and tenderness-**

**Common causes-**

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**Left hypochondriac region**

**How to examine**

**Swelling / lump-**

**Common causes-**

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**Umbilical region**

**How to examine**

**Swelling / lump/ hernia, tenderness-**

**Common causes of pain-**

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**Hypogastric region**

**How to examine-**

**Distension-**

**tenderness/ pain-**

**Common causes-**

**Examination in female- common causes-**

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**Iliac fossa**

**How to examine**

**Right – pain, tenderness**

**Left – pain, tenderness**

**Swelling**

**Mcburney's point**

**Common causes-**



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**Common sites of hernia**

**Femoral – where and how to examine**

**Inguinal - where and how to examine**

**Umbilical- where and how to examine**

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**Examination of cervical spine**

**How to examine-**

**Position of patient-**

**Movement, stiffness, pain, tenderness-**

**Common causes-**

**Neurological symptoms-**

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**Thoraco-lumbar spine**

**How to examine-**

**Position of patient-**

**Movement, stiffness, pain, tenderness-**

**Common causes of backache-**

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**Lumbo-sacral spine**

**How to examine-**

**Position of patient-**

**Movement, stiffness, pain, tenderness-**

**Common causes-**

**Straight leg raising test-**

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**Knee joint**

**Local examination**

**Pain**

**Tenderness**

**Motility**

**Restricted movements**

**Shin**

**Common causes of knee pain**

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**Common clinical conditions where X-ray chest is to be  
advised**

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**Normal findings of Chest X-ray.**

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**Clinical conditions when to advise Complete blood  
count, ESR, BUL, Sr. creatinine**



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**When to advise Widal test and test for Malarial  
parasite.**

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**When to advise Urine routine exam.**

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**How to read ECG correctly.**

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**Examination of facial nerve**

**Common abnormalities-**

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**Examination of 3<sup>rd</sup>, 4<sup>th</sup> and 6<sup>th</sup> cranial nerve**

**Common abnormalities**

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**Testing superficial reflexes**

**Common abnormalities**

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**Testing deep reflexes**

**Common abnormalities**

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**Sciatic nerve examination**

**Position of pt-**

**Movements-**

**Tingling numbness-**

**Pain-**



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**Clinical examination of thyroid gland**

**How to examine-**

**Common abnormalities**

**Investigations to be advised-**

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**When will you advise T3, T4 and TSH?**

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**Clinical examination of hernia (cough reflex)**

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**Waist – Hip ratio measurement**

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**Calculation of BMI**

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**How to access dehydration**

**Common causes-**

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**How to put intracath**

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**How to insert Foley's self retaining catheter.**



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**Indications for IV fluids**

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**Dressing under aseptic precautions**

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**Illness certificate**

**When to give-**

**When not to give-**

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**Fitness Certificate**

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**Homoeopathic prescription writing**

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**Importance of diagnostic and peculiar symptoms in a  
case.**

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**Selection of miasm with its characteristics.**

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**Evaluation of symptoms**



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**Homoeopathic medicines in first aid**

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**Vaccinations**

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**Antenatal care**

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**Selection of a repertory for a particular case**

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**Medical ethics**

**Doctor doctor relationship-**

**Doctor pt relationship-**

**Duties of doctor to the state-**

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**Assessment of vitamin A deficiency**

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**Assessment of deficiency of vitamin B group**

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**4 common Homoeopathic medicines for acute fever**

**(With differentiation)**



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**4 common Homoeopathic medicines for cough**

**(With differentiation)**

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**4 common Homoeopathic medicines for joint pain**

**(With differentiation)**

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**4 Homoeopathic medicines for asthma and COPD**

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**4 Common Homoeopathic medicines for  
dysmenorrhoea**

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**To find abnormal thoracic, lung, mediastinal, heart  
and diaphragm shadows on X ray chest**

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#### Heart sound

Site- (A) Aortic area :- 2nd Intercoastal Space to the right sternal Border .

(B) Pulmonic area :- 2nd Intercoastal Space to the Sternal Border

How to examine- (C) Tricuspid area - 3rd Intercoastal Space to the Lower lft Sternal Border

(D) Mitral area - Apex & 5th Intercoastal Space at midclavicular area line

Normal-

There are two normal Heart sound, that should be elicited in auscultation  $S_1$  (Lub) &  $S_2$  (dub)

Three common abnormalities-

(1) Mitral Stenosis .

(2) Aortic Stenosis .

Types of murmur- (3) Abnormal Splitting - arterial Septal Defect

(1) Systolic Murmur :- A Heart murmur that occurs during a Heart muscles contract .

(2) Diastolic Murmur :- A Heart murmur that occurs during Heart muscles relax between two beats

(3) Continuous Murmur :- A Heart Murmur that occurs throughout the cardiac cycles .

How to Examined :- A stethoscope issue to auscultate for Heart sound .

The diaphragm of the stethoscope is used to identified High pitch sound while the bells is used to identified Low pitch sound .

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**Respiration**

**How to examine** Inspection.  
Palpation.  
Percussion.  
Auscultation.

**Position of patient** pt should be examined in supine position  
& if sitting position then have to check from Back.

**Vesicular breathing and bronchial-**

Vesicular breathing - Heart over-Thorax.

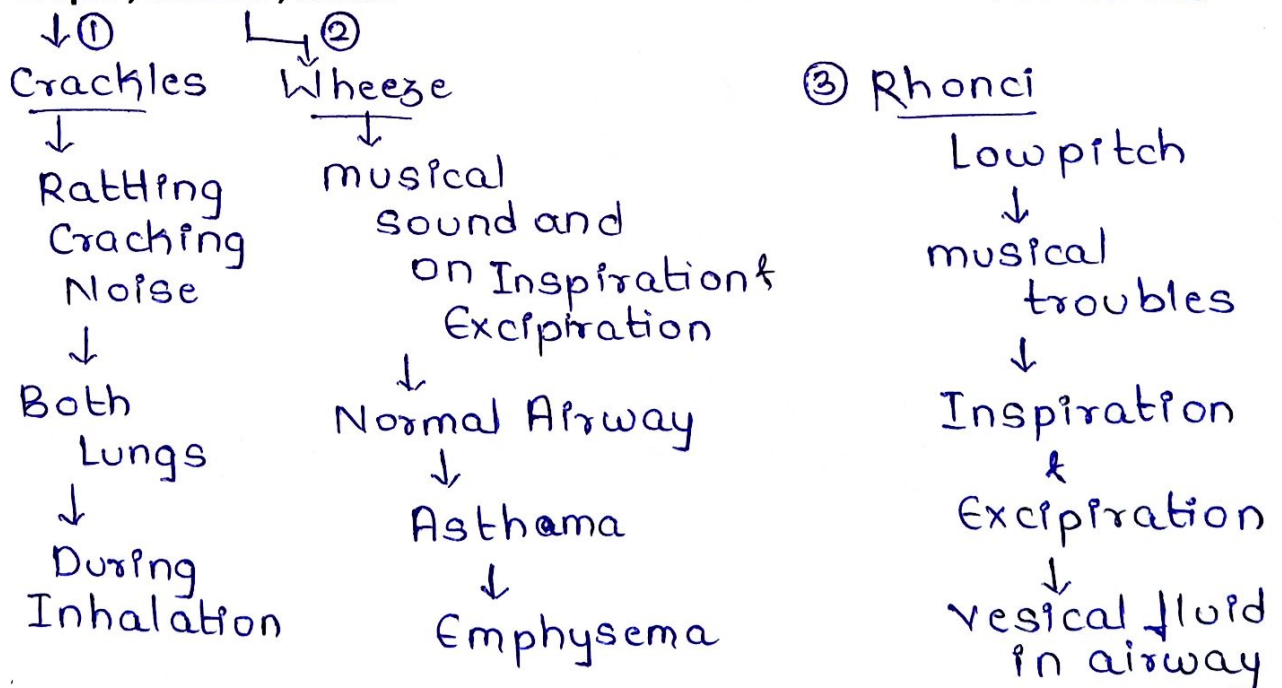
Bronchial Breathing - sound heard over the  
trachea, Bronchial Tree

**Common causes of increased respiration rate and decreased rate-**

↑ Res R.R - Asthma, Pneumonia, COPD.

↓ Res R.R - Sedatives, Emphysema, Chronic  
Bronchitis

**Crepts, wheeze, rhonci**



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**Examination of arterial pulse**

**Procedure-** Carotid, Radial, Femoral, Posterior tibial dorsal Pedis, Temporal artery are to be checked.

**Position of arm-** - Pt in supine position  
- 3 fingers and one thumb below the radial bendes

**Rate-** 60 to 110 beats per minutes.

**Rhythm-** Normal - Regular in rythum  
Irregular - Sinus arrythmia, Ectopic beats  
arterial fibrillation, Paroxysmal, arterial  
Tachycardia

**Common causes of increased pulse rate-**

- ① Atrial Fibrillation
- ② Structural Abnormalities.
- ③ Heart disease
- ④ Hypertension.

**Common causes of decreased pulse rate-**

- ① Coronary artery Disease
- ② Heart attack
- ③ Infection - Endocarditis, myocarditis
- ④ ↓ Reduced Thyroid Level
- ⑤ Electrolyte imbalance
- ⑥ ↑ Increased Potassium in Blood.

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**Examination of blood pressure**

**Position of patient-**

Supine Position.

**Position of BP apparatus-**

At the Height of the Chest / Heart

**Palpatory method-**

Cuff - 70mm/Hg Radial Pulse Palpate  
Increase of 10mm/Hg Intermittent

**Auscultatory method-**

Listen  $\bar{c}$  stetho - the antecubital  
area of elbow

**3 common causes of hypotension-**

- Parkinson Disease
- Pregnancy
- Irregular Heart rhythm

**3 common causes of hypertension-**

- Kidney Disease
- Stroke
- Stress
- Unmanaged Hypertension.

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**Recording the body temperature**

**Oral/axillary-**

Oral -  $98.6^{\circ}\text{F}$  [ $37^{\circ}\text{C}$ ]

Axillary -  $96.6^{\circ}\text{F}$  [ $35.9^{\circ}\text{C}$ ]

**Variations in body temp-**

Daily Temperature diff  $\rightarrow 0.5^{\circ}\text{C}$

Daily variation -  $0.25$  to  $0.5^{\circ}\text{C}$

Increases Body Temp - 4pm to 6pm.

**3 common causes of fever-**

Infection - Malaria

Common Cold, HIV.

**3 common causes of hypothermia-**

Dry clotting  $\rightarrow$  Cold exposure

Cold weather  $\rightarrow$  Dehydration.

Frost bite

**Different devices available for recording the body temp-**

- Thermocouple

- Thermometer

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**Selection of a repertory for a particular case**

- ① Kent Repertory
- ② BBCR - Boger Boeninghausen characteristics repertory.
- ③ BTPB - Boeninghausen Therapeutics Pocket Books.

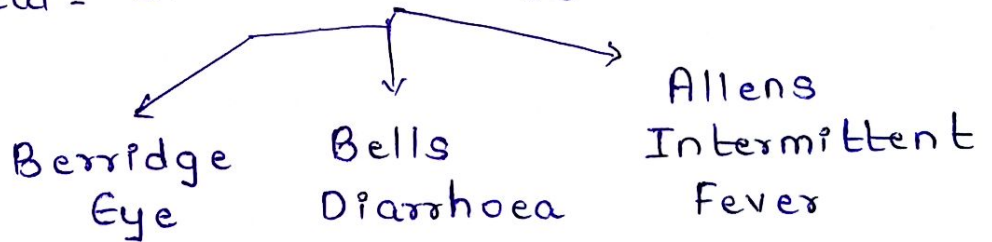
\* Computer-RADAR

\* Clinical Repertory - any repertory can be used for any case but some statwarts. Hence, set some guidelines for selection  
Repertory

Kent - Mental General.

BTPB - Particular

Clinical - Clinical Pathology



\* Clinicals Repertory -

- Uterine T. Hennyminten.
- Respiratory system
- Rheumatic - H. A. Robert
- Skin Disorder - Douglas

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**Knee joint**

**Local examination**

**Pain** Stiffness, swelling, redness, warmth to Touch.

**Tenderness** Injury, rupture, Ligament, Arthritis.

**Motility** Main movement is flexion & extension.

**Restricted movements** Degenerated conditions such as osteoarthritis can also cause meniscal.

**Shin** Tears, a meniscal tear can cause over its full range of motion & your knee may feel movements Locked in a certain position these restriction on movement lead to stiffness in the knee.

**Common causes of knee pain**

Osteoarthritis

Arthritis

Injury

Sprain

Fracture

Infection

Rheumatoid Arthritis

Trauma

Obesity.

Shin - knee joint affecting the Shin bone can also be cause of soft tissue injury  
Degenerative disease & inflammation

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**Hypogastric region**

How to examine- Supine position & Flexed knee &  
Hip Joint

Distension- ① Urinary Distension ④ Ovarian cancer  
② Ascitis ⑤ constipation.  
③ IBG.

tenderness/ pain- Gastroenteritis  
Impatible bowel Syndrome.  
Appendicitis.

Common causes-

Examination in female- common causes-

- ① Pregnancy
- ② Ectopic pregnancy
- ③ Ovarian cyst
- ④ Dysmenorrhoea
- ⑤ Genitourinary

ORGAN INVOLVE -

- ① Urinary Bladder
- ② Uterus
- ③ Ovaries
- ④ Sigmoid Colon
- ⑤ Prostate
- ⑥ Anus.

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### Examination of cervical spine

Cervical Spine C<sub>1</sub> To C<sub>7</sub>

**How to examine-** Fix the Hand  $\bar{e}$  on hand

- ① Inspection - while examination note normal concavity of spine
- ② Palpation - feels each spinous process

**Position of patient-** ③ motion - flexion and extension of neck

- ① Sitting position
- ② Backward Flexion
- ③ Backward extension
- ④ Right Lateral
- ⑤ left Lateral

**Movement, stiffness, pain, tenderness-**

- ① Stiffness in neck while touching chin to chest
- ② Tenderness in palpation touching chin to chest

**Common causes-** ① Cervical spondylosis

② Injury

③ Spinal Cord Compression

**Neurological symptoms-**

- ① loss of co-ordination
- ② Sleep apnoea
- ③ Vertigo, feeling faintness
- ④ Confusion.
- ⑤ abnormal Eye movement
- ⑥ Reduced sensation of Heat & cold of Hands & feet
- ⑦ loss of awareness of Limb.
- ⑧ (L) Hemitte sign - electric like pain or tingling after neck Bending forward

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**Thoraco-lumbar spine**

**How to examine-** Cloth should be removed in order to have a proper view.

**Position of patient-**

- Standing
- Lying on Lateral position

**Movement, stiffness, pain, tenderness-**

- Upper Back pain
- Muscular problem
- Poor posture

**Common causes of backache-**

- Muscles decordination, & Poor posture
- Muscles overexcess
- Traumatic Injury
- Pinched Nerve
- Osteoarthritis
- Myofascial pain
- Spinal Infection

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**Lumbo-sacral spine**

**How to examine-** Ask the patient to lean forward & fully exposing the back

**Position of patient-**

Seated or lying position

**Movement, stiffness, pain, tenderness-**

**Common causes-**

- Muscular problems
- Lower back pain
- Degenerated disc
- Lumbar disc herniation
- osteoarthritis
- Lumbago stenosis

**Straight leg raising test-**

(Lasequis sign)  
used to evaluate for Lumbar nerve root impairment or Irritation

Technique.

Patient Lying down on

For Dr. Kamble  
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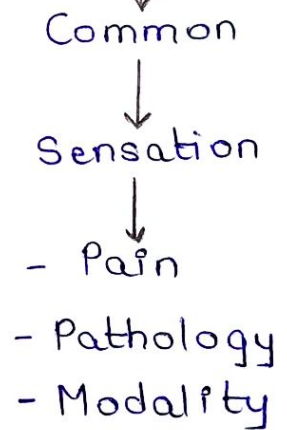
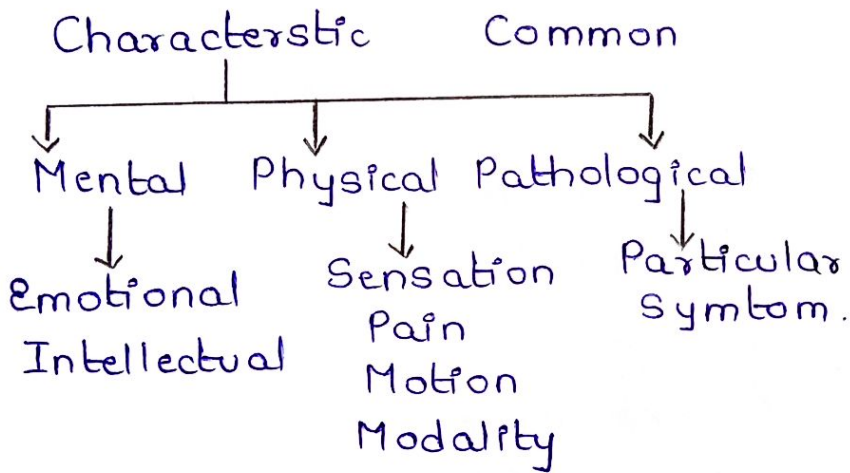
**Evaluation of symptoms**

Evaluation of symptoms is a process that determine significant & importance of expressed symptoms and external manifestation of internal presence of disease

Symptoms

Generals

Particulars



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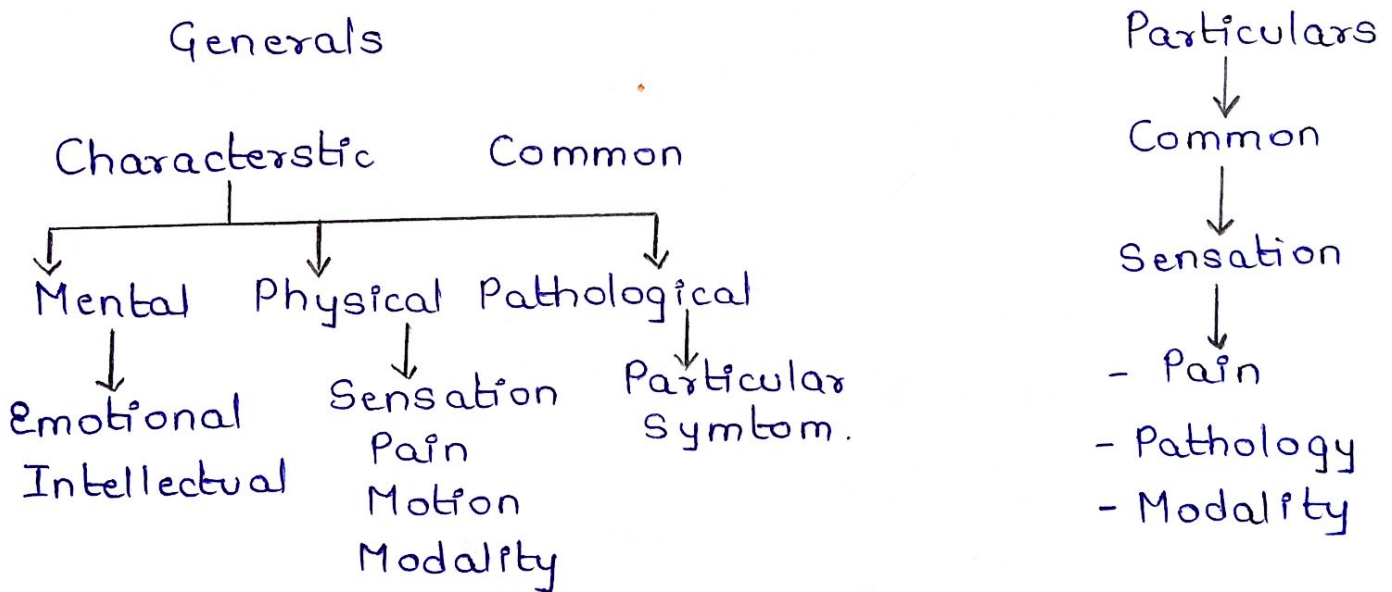
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Evaluation of symptoms

Evaluation of symptoms is a process that determine significant & importance of expressed symptoms and external manifestation of internal presence of disease

Symptoms



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### Selection of miasm with its characteristics.

Psora

Mode:- Any infection  
Sporic organism

Develop:- 6-14 days

Indication:- Internal Disease

External manifestation

S/S- Create disorder in sensation, function.

Mind :- Oversensitive  
cannot concentrate

Restless  
Hot flush

Anxiety  
impatience  
fearful.

weakness

face :- pale, inverted,  
yellow, case  
dise, Lips,  
red, swollen

Syphilis

Veneral Disease

↓

Develop slowly  
nothing in  
observed in  
1st few days .

S/S- Discharge  
Sexual  
Disorder

Mind - Restless  
Irritable  
Dull

suspicious  
Anxiety

< on sweating

Face:- Oily  
wrinkled

Old Looks

Thick Lips

Rough Skin  
Photophobia.

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Miasm:- A supposed predisposition to a particular disease either inherited or acquired

It is an abnormal anxious Influence

- Psora:-
- ① Vertigo - Walking, motion, Looking up, rising from sitting
  - ② Headache - Better sleep, rest.
  - ③ Eruption, Do not suppurate but they dry or scaly
  - ④ Oversensitive to noise, odour
  - ⑤ Always Hungry, test prevesion
  - ⑥ Anxiety about the Heart
  - ⑦ Fear, Difficulty in concentration.

- Syphilis:-
- ① Depressed but keep, there prostration by themselves
  - ② Fixed ideas, like to be alone
  - ③ Forgets what about to say
  - ④ Headache agg riding, exertion.
  - ⑤ Lack of preparation, thinking, decision making.

- Sycosis:-
- ① Concentration Level are Low
  - ② Confused mentally & physically
  - ③ Negative or fixed Ideas
  - ④ They all have a Lot of delusion illusion & Hallucination.
  - ⑤ Malignancies & Overgrowth

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**Pallor**

**Sites to be examined-**

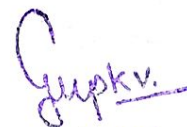
- Palpabral Conjunctiva
- Skin
- Nails, Tongue, Palm, Face, Limbs.

**Investigations to be advised-**

- CBC
- H.B
- Haemogram

**3 Common causes-**

- Anaemia
- Deficiency of Vitamine B12
- Chronic Infection
- Pregnancy
- Haemorrhagia



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**Icterus**

**Common sites to be examined-**

Bulbar conjunctiva - i.e sclera, skin,  
Nails.

**Investigations to be advised-**

- Routine Urine, CBC.
- Serum Bilirubin
- CBC
- LFT

**3 common causes-**

- Jaundice
- Malaria
- Typhoid Fever
- Haemolytic Anaemia.
- Cirrhosis of Liver

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**Clubbing**

**How to examine-**

Loss of combine angle in the  
Nails on nail bed .

**3 common causes-**

- Lung Abscess
- Bronchitis
- CA Lungs
- Ulcerative Colitis
- Hyperthyrodism

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**Oedema**

**Sites to be examined-**

Skin of Tibia  
Face  
Feets

**How to examine-** Thumb over the Foot, Ankle or Leg  
with slow, steady pressure  
IF you have oedema

**Causes- Unilateral-** Trauma, venous insufficiency  
Gout, Infection, DVT

**Bilateral-** Congestive Heart Failure,  
Pregnancy, DVT

**Face-** HTN, proteinuria, Haematuria,  
Hypothyroidism.

**Shin and feet-**

- Pregnancy
- Varicose vein
- Filariasis
- Dengue.



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**Lymph nodes**

**Common sites to be examined-**

**Cervical-** Fever  
Malignancy

**Pre-auricular-** Mumps  
T.B  
Otitis Media

**Post-auricular-** Fungal Infection  
Mycobacterious Infection.

**Supra clavicular-** CA Lungs, Injury, Infection  
Tumor of Lungs.

**Inguinal-** Lymphoma  
Downs syndrome

**Common causes of each-**

Common cause site of examined;  
**Cervical -** palpating over sternocleidomastoid  
region.

**Pre auricular -** In front of Pus.

**Post auricular -** sternocleidomastoid  
Region

**Supra clavicular -** over border of clavical.

**Inguinal -** Inguinal region.

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**Nails**

**Colour-** Healthy Pink Colour & growth of Nails  
is white

Normal Nails are translucent,  
Shinning & firm in texture.

**Shape-** Concavity  
absent - clubbing, spooning

**Ridges-** Healthy - No ridge or groove  
Vertical ridge are Harmless

**Nail bed-** Skin under nails → normally  
attached but abnormally is raised.

**Common abnormalities-**

- Clubbing [Spoon Shaped]
- Koilomychia - Iron Deficiency  
Anaemia, Hypothyroids.
- Heart Disease
- Arsenic poisoning - x - lines
- Lachomychia White Spot - Trauma
- Beccalin - Horizontal Line

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**Teeth and gums**

- Teeth-** Teeth colour is dependent on intrinsic pigmentation of tooth
- Colour-** Genetically  
Yellow to Brown
- Coating-** Plastic coating pointed on
- Gums-** Tooth decay.
- Swelling-** Improper Brushing or Flaming Tobacco
- Bleeding-** Chemotherapy  
Gingivitis
- Ulceration-** Scurvy - Dental plaque  
Apathus Ulcer.

**3 common abnormalities-**

- Toothache
- Swelling
- Stomatitis
- Scurvy
- Gingivitis

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**Ascites/ P/A examination**

**Inspection-** Distension, status of umbilicus, veins on anterior abdomen wall

Inspection - for bulging flanks.

**Palpation-** tenderness, pain, lump

**Percussion-**

- Tympanic note
- Dull on water

**Common causes of distension-**

- Ascitis
- Pregnancy
- Constipation
- Obesity
- Bloating [often associated c̄ IBS]

  
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#### 4 common Homoeopathic medicines for acute fever

(With differentiation)

① Aconite Napellus -

Cold sweat & icy coldness of face  
evening chilliness.

Thirst & Restlessness always present.  
Chilly in uncovered or touched.

② Belladonna :-

- Feels - Icy cold

- Perspiration dry only on head

- No thirst & fever

③ Bryonia Alba :-

chills & external coldness

Internal heat

Easy profuse perspiration.

④ Baptisia Tinctoria :-

- Heat all over with occasional  
chills

- Chills & rheumatic pain

& soreness all over body

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**4 common Homoeopathic medicines for joint pain  
(With differentiation)**

① Rhus Tox :-

- Swelling & Stiffness of Joint
- Tearing Pain
- < Rest
- > movement

② Arnica Montana :-


- Lameness and Soreness of Joint
- Extreme pain
- Pain in Joint at result of Injury.

③ Causticum :-

- Severe Tearing pain
- > Warmth
- < Cold.

④ Pulsatilla :-

- Shifting type of pain
- One joint to another
- Pain like electric shock.



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**Importance of diagnostic and peculiar symptoms in a  
case.**

① Diagnostic Symptom:-

Symptoms which are important for diagnosing a case are called as Diagnostic symptoms

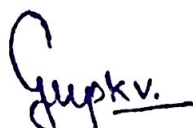
These symptoms are product of disease condition & are very helpful in Homeopathic prescription.

Also known as Pathological or common symptoms.

② Peculiar Symptom:-

The symptoms which are very uncommon & is a characteristic of patient disease condition & gives exact information about the patient condition in a more significant way are peculiar symptoms

Eg:- Blood stools } shows  
Yellowish mucus } peculiarity



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① Naille  
2/1/21

**Epigastric region**

**Position of patient** Supine position with knee Flexed  
epigastric region is felt at middle of  
upper abdomen Just below ribcage.

**Pain/ tenderness-**

Stomach, Ulcer, gall stone, Attack etc.

**Common causes-**

Indigestion  
Overreacting  
Lactose Imbalance  
Alcoholism  
Gastritis  
Hiatus Hernia  
Peptic Ulcer  
Pregnancy.

**Organs :-**

Stomach - Whole part  
Deoudenum - 1st Segment  
Liver - Right Lobe of Liver  
Spleen.  
Adrenal Gland - Upper part

*Sujkv.*



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**Waist - Hip ratio measurement**

It is Dimension ration of circumference of the waist to that of the Hips .

$$WHR = \frac{\text{Waist (cm)}}{\text{Hip (cm)}}$$

Eg: W - 30 inch = 76 cm  
H - 38 i.e. 97 cm  
 $= \frac{76}{97} = 0.78$

It Indicates overall Health of person since it is quick measure of fat distribution all over Body

People who carry excess amount of weight at Belly Region (Android obese) are at High risk of developing diseases ie- D.M, HTN, Coronary Heart Disease.

According to WHO, WHR over 1.0 Excess has high risk of development, Obesity, (Type II D.M)

S Jarad  
22/5/24

Health Risk	Men	Women
Low	0.95 or low	0.80 or low
Moderate	0.96 - 1.0	0.81 - 0.85
High	1.00 or High	0.86 or High

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**Assessment of vitamin A deficiency**

Deficiencies → Night Blindness

Xerophthalmia → Dryness of eyes

Keratomalacia → Liquification of cornea

Phototransduction

Bitot Spot

**Xerophthalmia Classification :**

X<sub>1A</sub> → Conjunctival Xerosis

X<sub>1B</sub> → Bitot Spot & conjunctival xerosis

X<sub>y</sub> → Corneal Xerosis

X<sub>3A</sub> → Corneal Ulceration & xerosis

X<sub>3B</sub> → Keratomalacia → Whole cornea dry

X<sub>H</sub> → Night Blindness.

X<sub>F</sub> → Xerophthalmia fundus & ill end.

X<sub>5</sub> → Corneal Scarce

X<sub>B</sub> → Bitot's Spot

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*Patil*

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**Liver**

**Position of pt-** Pt should be examined in supine position  
with flexed Hips & knees

**How to palpate-** Right costal Margin

**3 common causes of hepatomegaly-**

- Cirrhosis of Liver
- Hepatitis
- Non alcoholic fatty Liver disease
- Alcoholic Fatty Liver disease

**Investigations to be advised-**

CBC

LFT-

Albumin - 3.5 - 5.1 g/L

Globulin - 2.5 - 3.5 g/L

Bilirubin - 0.1 - 0.2 mg/dL

SGOT → 5 - 40 units/L

SGPT → 7 - 56 units/L

GTT → 9.48 g/L

*Gupkv.*

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*Shete*  
16/4/2021

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## Examination of tongue

**Light-** Pt should be examined c Help or Torch

**Yellow-** dead skin cells are projection papillae enlarge

**What to see-**

**Colour-** Pale

**Papillae-** Bluish - Fluid or Blood not circulating properly.

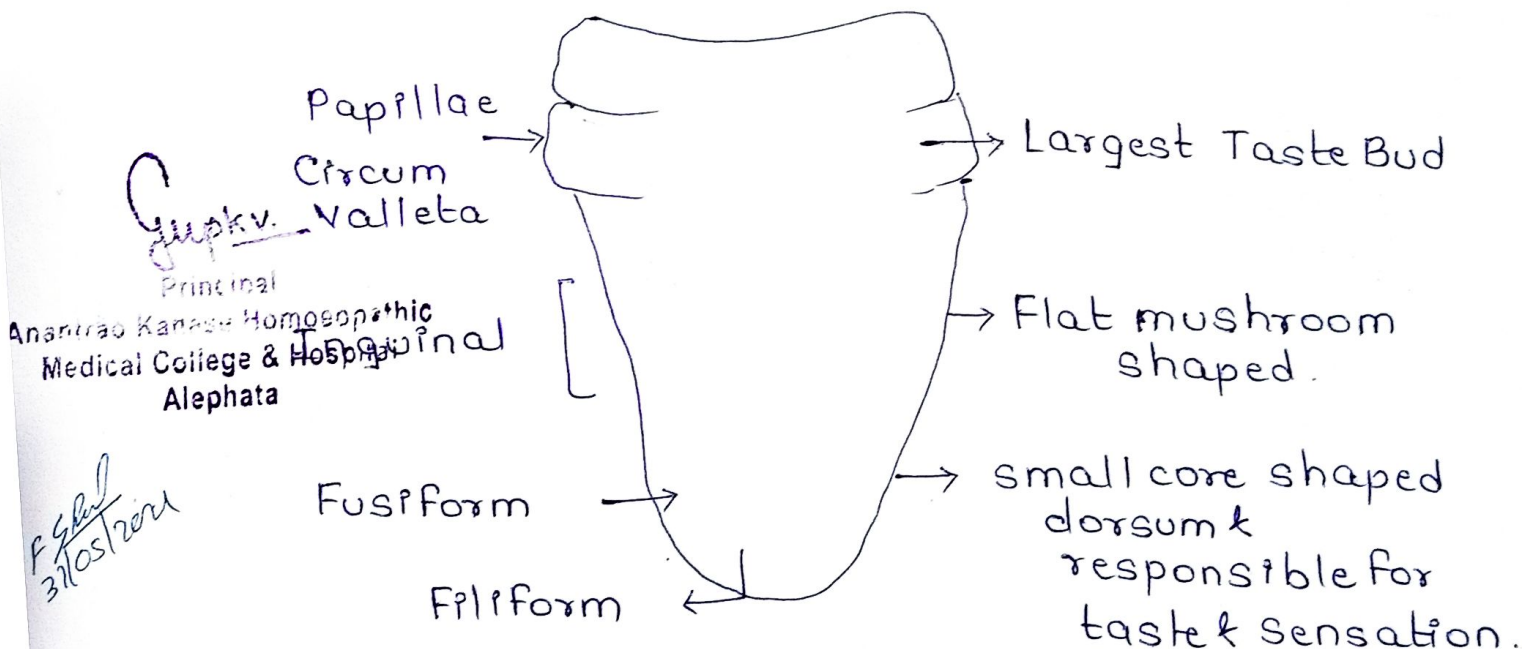
**Coating-** white overgrowth swelling of papillae  
Debris, Bacteria,

**Causes of coating-**

- Indigestion
- Constipation.

**Colour variations-** ① Bright pink  $\Rightarrow$  Iron deficiency  
Vit B12.

White - Smoking alcohol  
- Oral Hygiene



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### How to access dehydration

**Common causes-** Dehydration is a deficiency of water in Body, vomiting, diarrhoea, Burn, kidney Disease, sweating, increase in urination.

eg:- people with uncontrolled diabetes urine frequently some medication can also cause a poor intolerance or sweat more than normal.

\* Dehydration symptoms:-

- (1) Dry mouth and Tongue
- (2) No tears when crying
- (3) Dizziness
- (4) Confusion

\* Complication :-

- (1) Low Blood volume shock
- (2) Urinary & kidney problem
- (3) Seizures
- (4) Heat Injury

*S. Thorat*  
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**Sciatic nerve examination**

**Position of pt-** Supine position

Origine of Sciatica Nerve → L4 to S2

Insetion - Posterior compartment of  
Thighs

**Movements-** Lasegue test [Hip flexion & knee  
Braggard's test Extension]  
Straight leg test

**Tingling numbness-**  
Radiculopathy  
Neuralgia  
G.B Syndrome

**Pain-** Hamstring syndrome  
Impairment of Sciatica Nerve

Muscle Pain

Sciatica Nerve

Laterally 2.5 cm Between  
posterior superior iliac  
spine & Ischial  
Tuberosity

Medially Mid point between  
Ischial tubercle & trochanter

Apex of popliteal fossa

Tibial Nerve

[L4 L5, S1, S2 S3]

Upper 2/3rd &

Lateral 1/3rd

i.e apex of popliteal  
fossa

- Level of Tibial

Tuberosity

Medial Malleolus &  
tarsal tunnel

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**4 common Homoeopathic medicines for cough**

**(With differentiation)**

① Drosera :-

- Spasmodic dry irritative cough
- worse after midnight
- Yellow expectoration with Bleeding from nose

② Pulsatilla :-

- Dry cough in evening & night
- Urine emitted  $\bar{c}$  cough
- Loose cough in morning  $\bar{c}$  expectoration

③ Spongia tosta :-

- Great Dryness of all air passage
- Cough dry barking
- Respiration - Short, Difficult.

④ Bryonia Alba :-

- Soreness of Larynx & Trachea
- Dry cough at Night must sit up
- Worse after eating or drinking

*Dr Harshada Gore*  
20/5/2021

*Gupkv.*

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**Testing superficial reflexes**

- Corneal reflex
- Plantar reflex
- Abdominal reflex

**Common abnormalities**

- D.M
- Alcoholism
- Amyloidosis
- Uraemia
- Pellegra

Hyperreflex

- Neurological Disorder
- Genetic Disorder
- Congenital Disorder

Hyporeflex

- G.B Syndrome
- Acute Motor Neuropathy
- Peripheral Neuropathy
- Pyramidal Syndrome
- Neuropathy Disorder

Sujkv.

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28-05-2021



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**Clinical conditions when to advise Complete blood  
count, ESR, BUL, Sr. creatinine**

- ① CBC - Weakness, fatiguability, fever, Inflammation  
- Bleeding  
It Helps to diagnose cause of signs &  
symptoms  
It gives value of RBC, WBC, Hb, platelet  
Plasma in Body
- ② ESR - Arthritis or Inflammatory Bowel Disease  
- Joint Pain  
- Stiffness of Thighs - Anaemia,  
Infection  
Pregnancy  
- ↑es ESR - Pregnancy, Anaemia  
- ↓es ESR - polycythemia, Leukemia  
Normal Value - In Male - 0-22 mm/hr  
In female - 0-29 mm/hr
- ③ Blood Urea Level - Heart Failure, Dehydration,  
High protein Level  
Liver Disease
- ④ Sr. Creatinine - Glomerulonephritis CKD, AKD  
Normal Value - 0.9 to 1.3 mg/dL  
Adult Male  
- 0.6 to 1.1 mg/dL  
Adult female

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### 4 common Homoeopathic medicines for acute fever

(With differentiation)

① Aconite Napellus -

Cold sweat & icy coldness of face  
evening chilliness.

Thirst & Restlessness always present.

Chilly in uncovered or touched.

② Belladonna :-

- Feels - Icy cold

- Perspiration dry only on head

- No thirst & fever

③ Bryonia Alba :-

chills & external coldness

Internal heat

Easy profuse perspiration.

④ Baptisia Tinctoria :-

- Heat all over with occasional  
chills

- Chills & rheumatic pain

& soreness all over body

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**Nails**

**Colour-** Healthy Pink Colour & growth of Nails  
is white

Normal Nails are translucent,  
Shinning & firm in texture.

**Shape-**

Concavity  
absent - clubbing, spooning

**Ridges-**

Healthy - No ridge or groove  
Vertical ridge are Harmless

**Nail bed-**

Skin under nails → normally  
attached but abnormally is raised.

**Common abnormalities-**

- Clubbing [Spoon Shaped]
- Koilomychia - Iron Deficiency  
Anaemia, Hypothyroids
- Heart Disease
- Arsenic poisoning - x - lines
- Lachomychia White Spot - Trauma
- Beau's line - Horizontal Line

Gupkv.  
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Intern - Harshada Gore .

Dr Kulkarni

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**Pallor**

**Sites to be examined-**

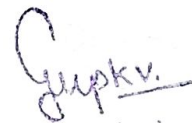
- Palpabral Conjunctiva
- Skin
- Nails, Tongue, Palm, Face, Limbs.

**Investigations to be advised-**

- CBC
- H.B
- Haemogram

**3 Common causes-**

- Anaemia
- Deficiency of Vitamine B12
- Chronic Infection
- Pregnancy
- Haemorrhagia



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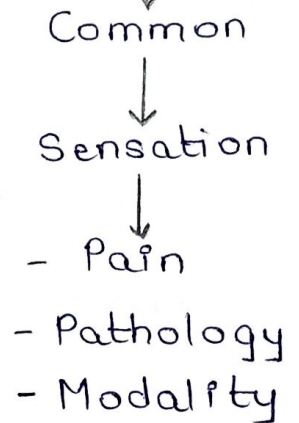
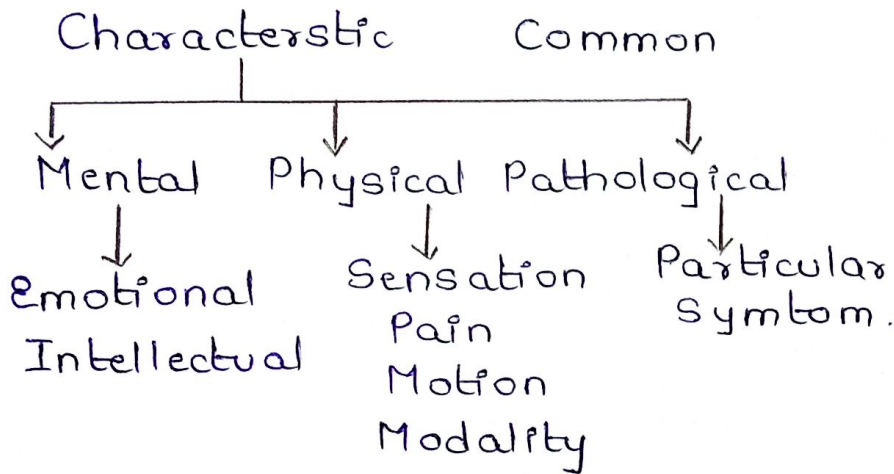
**Evaluation of symptoms**

Evaluation of symptoms is a process that determine significant & importance of expressed symptoms and external manifestation of internal presence of disease

Symptoms

Generals

Particulars



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*JA*  
30/7/22

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**Hypogastric region**

How to examine- Supine position  $\bar{c}$  Flexed knee  $\bar{c}$   
Hip Joint

Distension- ① Urinary Distension ④ Ovarian cancer  
② Ascitis ⑤ constipation.  
③ IBG.

tenderness/ pain- Gastroenteritis  
Impatible bowel Syndrome.  
Appendicitis.

Common causes-

Examination in female- common causes-

- ① Pregnancy
- ② Ectopic pregnancy
- ③ Ovarian cyst
- ④ Dysmenorrhoea
- ⑤ Genitourinary

ORGAN INVOLVE -

- ① Urinary Bladder
- ② Uterus
- ③ Ovaries
- ④ Sigmoid Colon
- ⑤ Prostate
- ⑥ Anus.

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**Selection of a repertory for a particular case**

- ① Kent Repertory
- ② BBCR - Boger Boeninghausen characteristics repertory.
- ③ BTPB - Boeninghausen Therapeutics Pocket Books.

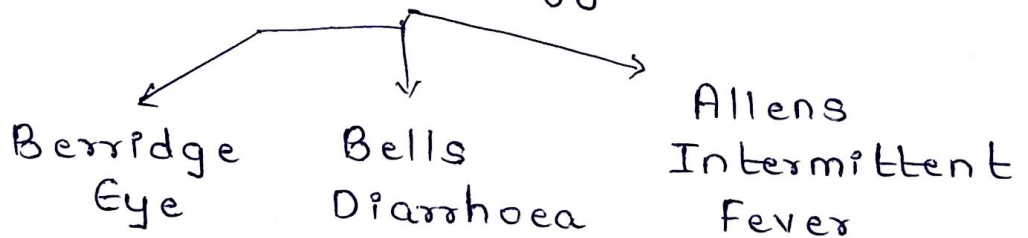
\* Computer-RADAR

\* Clinical Repertory - any repertory can be used for any case but some startwarts. Hence, set some guidelines for selection Repertory

Kent - Mental General.

BTPB - Particular

Clinical - Clinical Pathology



\* Clinicals Repertory -

- Uterine T. Hennyminen.
- Respiratory system
- Rheumatic - H. A. Robert
- Skin Disorder - Douglas

*S. Soman*  
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**Examination of arterial pulse**

**Procedure-** Carotid, Radial, Femoral, Posterior tibial dorsal Pedis, Temporal artery are to be checked.

**Position of arm-** - pt in supine position  
- 3 fingers and one thumb below the radial bendes

**Rate-** 60 to 1100 beats per minutes.

**Rhythm-** Normal - Regular in rythum  
Irregular - Sinus arrythmia, Ectopic beats  
arterial fibrillation, Paroxysmal, arterial  
Tachycardia

**Common causes of increased pulse rate-**

- ① Atrial Fibrillation
- ② Structural Abnormalities.
- ③ Heart disease
- ④ Hypertension.

**Common causes of decreased pulse rate-**

- ① Coronary artery Disease
- ② Heart attack
- ③ Infection - Endocarditis, myocarditis
- ④ ↓ Reduced Thyroid Level
- ⑤ Electrolyte imbalance
- ⑥ ↑ Increased Potassium in Blood.

Gupkv.

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A. Rodrigues



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### Learning lessons for interns

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### Heart sound

Site- (A) Aortic area :- 2nd Intercoastal Space to the right sternal Border .

(B) Pulmonic area :- 2nd Intercoastal Space to the Sternal Border

How to examine- (C) Tricuspid area - 3rd Intercoastal Space to the Lower lft Sternal Border

(d) Mitral area - Apex & 5th Intercoastal Space at midclavicular area line

Normal-

There are two normal Heart sound, that should be elicited in auscultation  $S_1$  (Lub) &  $S_2$  (dub)

Three common abnormalities-

① Mitral Stenosis .

② Aortic Stenosis .

Types of murmur- ③ Abnormal Splitting - arterial Septal Defect

① Systolic Murmur :- A Heart murmur that occurs during a Heart muscles contract .

② Diastolic Murmur :- A Heart murmur that occurs during Heart muscles relax between two beats

③ Continuous Murmur :- A Heart Murmur that occurs throughout the cardiac cycles .

How to Examined :- A stethoscope issue to auscultate for Heart sound .

The diaphragm of the stethoscope is used to identified High pitch sound while the bells is used to identified Low pitch sound

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**Illness certificate**

**When to give-**

7-8 days

fact of illness are known.

**When not to give-**

When Physician is not conflict of fact of matter

*Sujay*  
Principal

Anantrao Kanse Homoeopathic Medical College & Hospital  
Alephata

*Phys*  
14/05/21

\_\_\_\_\_  
Date

OPD No: \_\_\_\_\_  
Place: \_\_\_\_\_  
Date: \_\_\_\_\_

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---

**Examination of nose**

Position of pt- Sitting

Light- Bull's Lump

Turbinates- Size, shape, colour

Nasal septum- DNS, IF absent or present

Discharges- White, yellowish, greenish or if  
bleeding

Common abnormalities-

Common Cold  
Allergic Rhinitis  
DNS  
Sinusitis  
Inferior Turbinates hypertrophy

Gupkv.  
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FGP  
31/05/2024

**5. Human value development : Human values:** values are something which is described & worthy of esteem for their own sake. Human values are which help us to live in harmony with the world.

The following courses describe the human values.

- 1) Introduction to effective communication – which is done during lectures and practical. Students are given opportunities to take seminars thus improving their communication skills.
- 2) Anatomy, homoeopathic pharmacy & physiology which is included in 1<sup>st</sup> year BHMS syllabus. Students are taught to give respect to cadaver on which they are going to do dissection. Students are also taught to give value to tress on which they study homoeopathic pharmacy. After starting of different clinics from 2<sup>nd</sup> year onwards students are taught to give respect and value to patient on whom they are examining and also taught about ethical practice.
- 3) Nutrition & health- Different seminar are being arranged by the institute for development and awareness of good health like
- 4) Common human diseases
- 5) Management in pandemics: Students were given opportunities to distribute Arsenic album in near by villages when CCH declared Arsenic album as an genus epidemics for Covid 19. Also students were motivated to work in covid centers during pandemic.
- 6) Management in natural calamities : during the floods in Kolhapur in 2019 students along with teachers went to Kolhapur to give free health check up camps. Also necessary goods were donated from all the staff and students of college which was provided to the needy.
- 7) Social welfare of society
- 8) Institute is celebrating women day programme every on 8<sup>th</sup> march.

**Professional ethics:** The course describes professionally accepted standards of professional behavior, values & guiding principle code of professional ethics are established by professionals to help guide members in performing their job functions according to sound & consistent ethical principles.

- 1) Social responsibility
- 2) Medical environment
- 3) Organizational behavior
- 4) Corporate governance
- 5) Following the rules & regulation of institute
- 6) Laboratory safety & unit measurements
- 7) Dress code

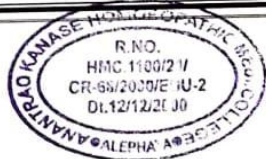


*Sujk.v.*  
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Disaster (Flood -Kolhapur, Sangali- 2019)  
Services by  
Anantrao Kanase Homoeopathic Medical College & Hospital.  
13<sup>th</sup> 14<sup>th</sup> & 15<sup>th</sup> August 2019



Dr.Kanase Sir with Member of Parliament at Chavare Village & Local MLA



*Gupkv.*  
Principal  
Anantrao Kanase Homoeopathic  
Medical College & Hospital  
Alephata



*Gupkv.*  
Principal  
Anantrao Kanase Homoeopathic  
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### Womens Day Celebration in Institute

**6. Personality and professional development :** The institution encourages the spirit of dignity in humility. Every student learns to grow in an atmosphere of respect; obedience & discipline. Students are taught

- 1) The art of good & elegant dressing
- 2) Regular seminar's topics from various allied & homoeopathic journals, case presentation, assignments, other presentation, viva voice from the basis of personality development & public speaking
- 3) Skills & street plays are conducted as part of public speaking & development of confidence in public
- 4) Regular talks & seminars by eminent speakers serve to guide student & train them.
- 5) Public health & hygiene: NSS team visits to nearby areas/villages and promote people for good hygiene.
- 6) Health awareness: institute has NSS program in which students take participation in different health awareness programs. Eg: Hand wash demonstration , etc.



*Sujk.v.*  
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**Personality and professional development:** The institution encourages the students by conducting various courses that will be helpful in their future. Regular seminars are being conducted on career opportunities after BHMS. Also short certificate courses like Basic life support course is conducted.

The courses are:

- 1) Patient right & education
- 2) Disposal of biomedical waste
- 3) Fire & safety
- 4) Control of hospital infection
- 5) First AID CPR
- 6) Spiritual awareness course
- 7) Course on Yoga

### 7) Employability and skill development: Seminar Nikam sir

Data Requirement: (As per Data Template)

- Name of the capability enhancement scheme
- Year of implementation
- Number of students enrolled
- Name of the agencies involved with contact details Upload:
- Link to Institutional website
- Details of capability enhancement and development schemes (Data Template)
- Any other relevant information
- Geo-tagged photographs



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